

# Preston Pipeline<sup>2</sup>

VOL 7 ISSUE 4 SUMMER 2018



**Jewett City Preston 11-12 Girls softball team captured the district title and went on to place second in the region. Congratulations to all the team members and coaches.**

***Yee Ha !!!!! GREAT Job!***

## **FARM TOURS AUGUST 4th!**

**The Preston Conservation and Agricultural Commission welcomes you to visit two of Preston's older farms during an open house on Saturday, August 4th from 11:00 AM to 2:00 PM.** Stop by at one or both farms during this time and explore a bit of Preston's farming heritage:

**Sweet Grass Creamery, 51 Mattern Road** - Four generations of the Mattern family have owned Mattern Farm since 1898. In the last several years Ed Mattern and Carol Wojtkun have transitioned this land into a dairy farm and created Sweet Grass Creamery, where they will offer the local community the highest quality all-natural milk, yogurt, and cheese. At Sweet Grass Creamery we own the entire process – from managing our herd to processing all our dairy products right here on the farm. If

you are interested in knowing where your dairy products come from, what happens when the milk leaves the cow, and how it gets from the cow to your fridge, we invite you to visit our farm for a look inside our fence.

**Charlyn Farm, 108 Old Jewett City Road** – The Crary family has farmed this particular parcel since the 1890's when brothers Charles and William Crary married sisters Ida and Lydia Terry and moved here from the family farm on Route 164 (presently the Cox farm). Once a dairy farm, the Crary family now grows approximately 9000 bales of hay each year for the local retail market. Drop by to learn the steps involved and see the equipment used for the cutting, drying, baling, and storing of hay. Most importantly, see how Mother Nature plays the biggest role of anyone in the process!

# You want to lower your mortgage rate.



## ***Shouldn't your bank make it easy?***

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Here's a smart and easy solution that may be able to help you reduce your term *and* your monthly payment — the *EasyPay Refinance Mortgage* from Jewett City Savings Bank.

**We also make it easy on your wallet with reduced closing costs — just \$450 — so you can make the most of your savings.**

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or give us a call for more information.

***Apply today!  
That's easy too.***

  
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\*Interest Rate and Annual Percentage Rate (APR) effective May 23, 2018 and subject to change. APR is 0.25% higher for customers who choose not to sign up for automatic payment from a Jewett City Savings Bank checking account. Requires 300 monthly payments of \$5.49 per \$1,000 borrowed. Payments do not include taxes and insurance, if applicable. Actual payments will be greater. Maximum loan-to-value 80% on 1 to 4 family owner occupied residential property. Maximum loan-to-value 75% on owner occupied condominium. Minimum loan amount \$25,000. Maximum loan amount \$350,000. Not available for new purchases. No homes listed for sale or intended for sale.



# SCARECROW Festival '18



Saturday, September 22nd, 10:00 – 4:00

## ACTIVITIES & ENTERTAINMENT

Over 60 crafters, silent auction,  
Quiet Corner Fiddlers, Line Dancing &  
Gymnastic Demos, live broadcast from  
WCTY 97.7 and K-Hits 100.9  
And many more!

## SCARECROW CONTEST

Categories for Children,  
Adults &  
"Main Street" for businesses  
Why not join in the fun, win  
cash prizes and promote  
your business, all for FREE!

## FOOD

Chowder & Chili Shack,  
Crow's Nest, Bake Sale  
  
Chicken BBQ, 3 – 5:30pm  
(limited tickets)

## KIDS

Circle K Farms petting zoo  
Klyde E. Scope Clown  
CHIPS & Safety Fire House  
Pumpkin Patch, Cake Walk  
Crafts, Games

## APPLE TOWN

Think all things  
Apple! Pies, turnovers,  
cider donuts, bags of  
apples & fresh cider!

For more information & contest registration forms visit  
[www.prestoncitycongregational.org/scarecrow-festival/](http://www.prestoncitycongregational.org/scarecrow-festival/) or 860-887-4647

Preston residents who use the town's transfer station; please notice:

# Single Stream Recycling

You can place all **acceptable** recyclables in one bin!



Paperboard boxes



Opened mail & greeting cards



Loose metal jar lids & steel bottle caps



Paper egg cartons



Rinsed #1-7 plastic tubs & screw-top jars



Rinsed plastic bottles & jugs



Paperback books



File folders



Phone books



White & color office paper



Rinsed clean, balled aluminum foil & pie pans



Rinsed glass bottles & jars



Empty aerosol cans



Magazines, brochures & catalogs



Newspapers & inserts



Corrugated cardboard & paper bags



Rinsed cans



Rinsed paper milk/juice cartons



[www.WilliWaste.com](http://www.WilliWaste.com)  
1-800-286-5335

## PROHIBITED ITEMS

### Plastic Bags

### Trash / Food Waste / Garbage

**Unacceptable Paper** – Wax paper, soiled paper, soiled napkins & paper, pet food bags & dryer sheets, shredded paper

**Unacceptable Plastics** – Non Bottled Plastics (Examples: Garden hose, trash & zip lock bags, cereal box bags, bubble wrap, clear plastic wrap, potato chip bags, single cheese wrappers, soiled plastic bottles & bags, Styrofoam, coolers, straws, silverware



Plastic Bags



Styrofoam & Coolers



Electronics



Food Waste & Trash

**Unacceptable Aluminum** – Soiled aluminum foil, soiled tin cans

**Unacceptable Cardboard** – Soiled pizza boxes & soiled cardboard (Examples: Grease, mold, paint)

**Unacceptable Glass** – Windowpane glass, plated glass, windshield glass, ceramics, candle glass

**Unacceptable Items Miscellaneous** – Pillows, clothing items, furniture, sheet rock, wood, yard waste

“Hauling Your Trash, Recycling Our World!”

# Preston Redevelopment Agency

By Sean Nugent & Merrill Gerber

If you've driven by the site in the past few weeks you will have noticed a lot of activity. The current tree clearing work is preparing the site for the final soil remediation. In addition, the remaining large buildings have been abated and are ready for demolition. So what's up?

As mentioned in previous articles, last year we worked closely with DEEP's (Department of Energy & Environmental Protection) endangered species group and DECD's (Department of Economic and Community Development) archeological group to ensure their requirements were met. Once agreement was reached with both, we finalized our "detailed remediation engineering plan" which articulates the specific actions required to complete the remediation of the site. This engineering plan then underwent extensive reviews by our 3rd party engineering firm (CLA Engineers, Inc.), which allowed us to submit our permit applications to the Town, State, and Federal agencies. To date we have received approval from the Town's Planning & Zoning (Phase 1 & II application), Inland/Wetlands Commissions, and DEEP's Stormwater Plan approval. The approvals to-date allow us to begin remediation work everywhere on the Preston Riverwalk site except for the work required adjacent to the Thames River. We anticipate approval from DEEP on this Tidal/Wetlands permit – which requires Army Corp of Engineering review and approval as well – this fall. What you will see now, though, is the work associated with the remediation associated with the asphalt roadways in three (3) of our parcels with the largest being the former main campus where the vast majority of the buildings stood. It is important to note that the remediation could take up to 12 months to complete. We will work with our contractors to accelerate this where and when possible.

In support of this work we have also hired CSG (Construction Solutions Group) to serve as the clerk-of-the-works for the PRA. This is essentially a program management role wherein experienced engineers are providing oversight and guidance to our final clean up effort. In addition, we have also hired AHS (Archaeological and Historical Services, Inc) to monitor the remediation work in the highly sensitive archaeological areas of the site.

Finally, Manafort Bros. (MBI) has completed abatement of the remaining large buildings on the former main campus. In accordance with the PDDA (MGE/Town agreement), demolition of these buildings is the responsibility of the tribe.

We hope you were able to visit the Mohegan Ceremonial Fires that were held at the site in July. The fires were held to honor those that came before us (tribal ancestors, those who once lived on the site, and those who worked at the former mental hospital). The ceremoniwa served as a cleansing of all that has gone on before and to bring good medicine for the future use of the property. The fire was located in the field near the commuter lot and remained lit 24 hours a day for four days. The tribe has asked that these cleansing fires continue until the property is transferred. We encourage you to drop by and participate in the next cleansing event this fall.

**Should you have any questions, suggestions or comments, please attend one of our meetings at Town Hall on the second or fourth Wednesday of each month or contact me (Sean Nugent) at 860-917-6567 or Merrill Gerber at 860-887-7169.**



The amazing group of Mohegans who keep the ceremonial fire burning no matter what the weather!

They are great people and if you visit, they will gladly tell you about the significance of the fire.

Stop by and say hello!

# State Legislative Update

By State Representative Mike France



This summer I have been busy attending many local events in our district, including: the Veteran Honor and Remember Ceremony at the Historic Ship NAUTILUS, a ribbon

cutting at CareNet Pregnancy Resource Center of Southeastern Connecticut in New London, Trails Day celebration at the Nathan Lester House in Ledyard, and the opening of Mohegan Sun's new Earth Expo & Convention Center. I want to thank all those who participated in my Flag Drive and Town Hall Meetings last month – I greatly appreciate your interest, your comments, and your support.

It has been a great honor serving you for the past four years. I take my job as your State Representative very seriously and do my best to be a persistent voice in Hartford for all matters that affect our communities. In reflecting on this year's session, I would like to share with you some of the important issues that impacted our region.

**Advocating for the Tribes.** I joined with several of my Southeastern Connecticut legislative colleagues to urge General Assembly support of MMCT Ventures, the partnership between the Mohegan Tribe and Mashantucket-Pequot Tribal Nation. We asked that they vote against a bill that would ultimately lead to the loss of thousands of jobs across the state. Connecticut's longstanding partnership with the two Tribes has resulted in over \$7.5 billion in revenue to the state. Though this bill passed the House 77-73, fortunately it was not taken up for a vote in the Senate and died there. The East Windsor location will keep jobs and revenue in the state of Connecticut in the face of competition from MGM Springfield.

**Protecting our Most Vulnerable.** This year, I continued to spread awareness of the Connecticut Safe Haven Law, I attended the Connecticut Autism Advocacy Coalition's 2018 Awareness and Acceptance Day, voted to allow pregnant women, age 18 and older, to exercise living wills, and sup-

ported improved collection and processing procedures for sexual assault evidence kits. It is so important that we keep advocating to find cures, save lives and protect services that improve the quality of life for individuals with disability.

**Prioritizing Education.** I am proud to have supported many pro-education bills this session, including one that improves classroom safety. It was also a distinct pleasure to participate in the Civics In Action program at Ledyard High School, advising students on how to access state policy information and how to enact change at the local or state level.

**The Budget:** After voting to pass the Republican budget in September, which was vetoed by Governor Malloy, a bipartisan budget was adopted in October. I voted against the October budget because it reduced the Education Cost Sharing (ECS) grant to the towns by 5% almost half-way through the fiscal year. The state should not balance their budget on the backs of fiscally-responsible towns, especially after the fiscal year has begun. In addition, the Legislature gave the governor authority to make over \$200 million in undesignated budget reductions, which resulted in substantial additional reductions in the education grants. In addition to the 5% reduction authorized by the Legislature, all three towns I represent had their education grant funding further reduced by the governor approximately 8.4%.

There were several positive policy changes in the compromise budget that were brought forward from the Republican budget. Instead of spending one-time revenue or relying on massive tax increases, the proposed budgets established a spending cap, a bonding cap, and upheld the principles of the volatility cap agreed to in the bipartisan budget. This will stop the practice of relying on unpredictable revenue to justify spending that the state cannot afford.

During this Session, the General Assembly approved Public Act 18-35, an act to prevent future governors from making similar cuts to municipal aid during the fiscal year. Unfortunately, it was vetoed by Governor Malloy in June. However, the budget approved in May included a similar restriction to prevent Governor Malloy from implementing any more mid-year holdbacks in

Fiscal Years 2018 and 2019. I hope to extend this provision to all future governors, as originally planned. The financial protection that this provision provides is very important to both boards of education and municipalities who should expect predictability and sustainability after adopting their budgets.

**The Compromise Budget.** At 11:21 p.m. on May 9th, just 39 minutes before the end of the 2018 Regular Legislative Session, the House Speaker called a vote on a compromise budget less than an hour after receiving the final legislative language. Republicans were able to negotiate numerous provisions from their budget plan into the final legislation, including a hard hiring freeze on new state employees that reduced projected spending by \$7 million, funding for military funerals, and \$29 million more to the Special Transportation Fund for road projects. This budget restored Medicare Saving Program funds and increased funding for retired teachers' health insurance.

**Tolls Proposal Defeated.** We live in the third smallest state in the country. When tolls were removed in the 1980s, there were 14 tolling locations. The proposals we've seen in recent years regarding tolls feature as many as 80 tolling locations – significantly more than in any of our larger neighbor states. One proposal for Connecticut tolls would cost \$10 to travel 40 miles compared to \$20 to travel 400 miles on the New York Thruway. Estimates indicate that 70% of toll revenue would be paid by Connecticut residents. This is not something that I could support. The last thing that Connecticut needs is Hartford taking more money from the pockets of hard-working residents for a Special Transportation Fund that is already sufficient to maintain and improve our existing infrastructure.

Follow me on Facebook at [www.facebook.com/RepFrance](http://www.facebook.com/RepFrance) or sign up for my e-newsletter on my website at [www.RepFrance.com](http://www.RepFrance.com) to receive notifications of upcoming quarterly town hall meeting dates and other news of interest to our region. I would enjoy meeting with you and discuss the major issues you want addressed this year.

Please also feel free to contact me anytime via email at [Mike.France@housegop.ct.gov](mailto:Mike.France@housegop.ct.gov) or phone at 1-800-842-1423.

## All Hearts Center YOGA at

12 Case Street, Ste 208  
NORWICH (Direct from 395)

- ◆ Ongoing group classes
- ◆ Private yoga events
- ◆ Meditation
- ◆ Yoga therapy
- ◆ Workshops



AHHyoga.com ◆ [hathayoga@snet.net](mailto:hathayoga@snet.net) ◆ 860.887.3388

Since 1996, sharing and teaching the health and healing practices of Yoga has been a central passion and profession for **Carol Klammer**.

In 2011, the dream of a dedicated studio for our wellness practices was realized. Quiet, convenient, intimate . . . relaxing, cozy and FRIENDLY: these are accurate descriptions of our lovely little space on Case Street. Carol finished the vigorous and rigorous training to complete Yoga Therapist certification in 2014, and the adventure began again!

The mainstream medical community has clearly begun to recognize and utilize the powerful benefits of Yoga: Hartford HealthCare offers yoga for cancer patients and alumnae, which Carol offers twice a week through Backus; as well as Yoga for Cardio-Pulmonary Rehab patients and alumnae. Carol recently attended the 3rd International Conference on Integrative Medicine, Yoga and Ayurveda at the Harvard Medical School, where physicians and scientists reported on their treatments and research to promote wellness, prevent "lifestyle" diseases and advance radiant health and healing through Yoga and Ayurveda.

At the studio, the revitalizing and invigorating practices of yoga, in group classes or private sessions, are offered for everyone! Let us know if we can help you on your wellness journey!

**Peace and Blessings!**

**Carol**

**All Hearts Center for Yoga and Wellness**  
12 Case Street Suite 208  
Norwich CT 06360  
860-887-3388



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Email:  
[tracylyndesigns@comcast.net](mailto:tracylyndesigns@comcast.net)

## PRESTON COMMUNITY FUND

### ACCEPTING PROPOSALS FOR 2018 GRANTS

New London, CT – The Community Foundation of Eastern Connecticut (CFECT) is pleased to announce that it is accepting proposals for the Preston Community Fund, one of its 500 component funds. The Preston Community Fund will support the arts, cultural and social needs of the residents and organizations of the Town of Preston, Connecticut.

The Preston Community Fund was originally established in 1991 with funds given by the former American Ref-Fuel Company of Southeastern Connecticut, which then operated the Preston regional trash incinerator, to help support the varied nonprofit and civic organizations in town, under the guidance of an advisory committee of Preston residents. In 2015, the advisory committee voted to transfer the fund to the Community Foundation and retain its role as advisors to this permanently endowed fund, in making annual grants to benefit Preston residents.

**Proposals must be submitted online by September 28, 2018.**

For the application and guidelines, visit:

<https://www.cfect.org/Nonprofits/Apply-for-a-Grant/Preston-Community-Grants>

### About the Community Foundation

*Serving 42 towns and comprised of 503 charitable funds, the Community Foundation of Eastern Connecticut puts philanthropy into action to address the needs, rights and interests of the region. The Foundation stewards net assets of more than \$83 million and has awarded more than \$51.5 million in grants and scholarships to nonprofits and students since its founding in 1983.*

*To learn more, visit [cfect.org](http://cfect.org).*

# Grand & Water

## ANTIQUES

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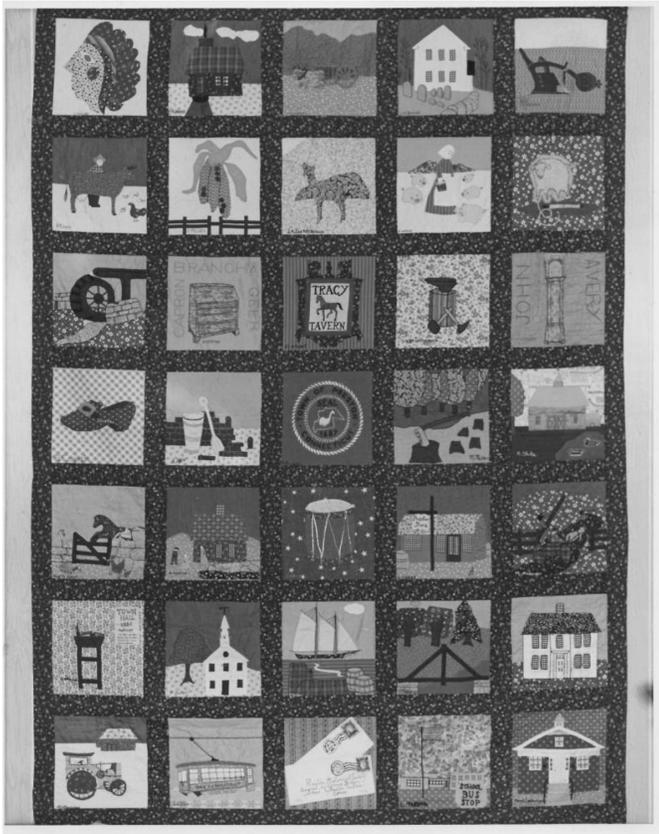
[www.grandandwater.com](http://www.grandandwater.com)



# Preston Historical Society

Preserving The Past for Future Generations

## Revisiting the Preston Bicentennial Quilt



While planning for an upcoming town tour with the Preston third graders, I realized that we had the perfect teaching tool hanging in the Preston library, the Preston Bicentennial quilt.

The quilt was conceived by Corinna Brown, appliqued and hand-sewn by local residents. Two quilts were fashioned, one that was raffled off, the other retained by the Historical Society and presently hanging in the Community Room of the library.

The quilt portrays the history of a primarily agricultural town, with families supplying their own needs and specializing in various crafts for bartering. It also notes the great technological changes over hundreds of years.

So stop by the library and take a historical tour through town!!

## So, what's next for the Long Society Meetinghouse?



We have had issues with squirrels in our attic facilitated by the closeness of trees which essentially provided a "squirrel highway." Therefore, we have contracted a Ledyard company to remove several trees as well as trim others.

In addition, we have received a \$1500.00 grant from the Chelsea Groton Foundation toward our planned addition of steps and a pathway to improve Meetinghouse access. Thank you to Chelsea Groton and all of our local donors and supporters for keeping this renovation moving!



**Wanted** - Volunteers to assist in entering data. You must have a computer with access to the internet (a scanner is helpful, but not required). We will have a short workshop to introduce volunteers to our project with constant support. Help us save these documents and create a searchable database. **Call or email Linda at 860-887-5828, or email: LindaCh5@comcast.net**

## Next Meeting

**The next meeting of the Preston Historical Society is scheduled for Wednesday, Aug. 7, 2018 at 6 pm at the Old Preston Library, 296 Route 164, Preston.** Come out and check us out. Want to join or renew your membership? Please check out our website at [www.preston-ct.org](http://www.preston-ct.org) for information and an application. Look for us on Facebook at [facebook.com/prestonhistoricalsocietyct/](https://facebook.com/prestonhistoricalsocietyct/)

# Preston School District

Roy Seitsinger; Superintendent

The 2017-2018 school year was quite successful for Preston Public Schools. Many accomplishments by staff and students highlighted the year. We recognized retirees such as Pearl Potter, bus driver. We noted the faithful service and commitment of two outgoing Board members, Jan Clancy and Karin Davis. We commended Mike House, custodial staff and the cooperation of the town in clearing up after major storms. We also acknowledged the great work of the cafeteria team, Katarina Potter, Lona Cote, and Kim Heinzelman in receiving flawless state inspection reports.

Additionally, we recognized Mr. Joe Durfee (band) and Mrs. Lisa Feltes (chorus) for the state 2018 statewide gold and platinum adjudication. And, of course, we recognized several students including Delaney Phelps for her win of the VFW Patriots contest, Savannah Meaike and Carsen Keith for earning student of the month recognition from NFA. It is also worth noting that out of 34 graduating seniors from NFA 13 received Cum Laude, Magna Cum Laude or Summa Cum Laude-an outstanding performance. A parent visiting the middle school office recently commented that her daughter was number one in her class out of 500 students and she attributes her daughter's success partly but importantly to the Pre-K to 8 education she received at Preston with a particular accent on the importance of the Pre-K program.

At the end of my first year as superintendent I cannot tell you how proud I am to be associated with such a caring and dedicated organization that is such an integral part of the community. The community also stepped up by supporting the crucial need for a second resident trooper, a position that has become a key part of our school security plan. Voters also supported a very important five-year capital plan which is greatly appreciated by the entire community.

Unfortunately, the district budget referendum held on July 10 did not pass. This is quite surprising since there has been an increase in student population, a serious need for more social/emotional support, and the entire budget increase does not even meet a cost of living increase (1.8%; a note, there has been some message in the community that the district budget increased by 12.9%, this is entirely false). It is likely the Board of Education will hold another public hearing by early August to explain the impact of a range of reductions all the way to a zero increase. Before that time, I would not want to identify specific reduction as none have been approved by the Board of Education. We can say that any further reductions from our current proposal will have a programming impact.

Even though we have had at least 8 Board of Education budget discussions, presented several times to the Board of Fi-

nance, spoken at two town meetings, a public hearing, and offered to meet or talk with anyone who had any questions, even going to homes to sit at the kitchen table, there has been a persistent distribution of inaccurate, overstated, and just dead wrong information throughout the budget process. For your information, here are some pertinent facts:

- I, and the Board of Education, have all been available for anyone who has had any questions about the budget. We have held BoE, BoF and town meetings to explain the budget.
- 6 of the 10 major areas of the budget are lower next year than this year, even with more students.
- We have already reduced \$276,000 from our original request.
- Our requested increase is \$215,900, or about a 1.8%, is below cost of living.
- About \$168,921 (estimate) of the increase is NFA tuition.
- We have initiated a Pre-K redesign planning team to gather new data and develop program options for this successful model.
- Further, the town has confirmed that there is a bit under 3 million available in the current fund balance even though some have suggested that there is none.

Needless-to-say our district budget is set in a very tight line and will make supporting student needs a challenge in some areas next year. I look forward to a public hearing to counter a myriad of inaccurate information that has been and is being distributed.

In part, to reduce the ups and downs of the seasonal budget process, the Board of Education initiated the first strategic plan in the history of the district. The BoE that was elected to guide education in Preston also recreated a budget process that is at once detailed, transparent, and focused on the best interests of children and the community. Additionally, driven in part by the Palm philosophy of cherishing each other, the Board has placed a recognition item in each of its agendas to note the fine work of our students, staff, and family members.

Going forward, there is still much to do. Over the summer, there are many projects that will be accomplished. The steady influx of new students will be welcomed. Capital improvements across the district will be complemented and our school buildings will be used for various community activities.

**Thank you for an excellent first year. I look forward to many more successes as we go forward together in the name of our children and their community.**

# PRESTON PARKS & RECREATION

## COMMUNITY EVENTS

# SUMMERFEST

**Monday, August 13th**  
**Preston Community Park**

### **MUSIC ~ 6:00 - 8:00 pm.**

Come enjoy music by Majestic Fuzz.  
Bring blankets or chairs.

### **KID ZONE ~ 6:00 - 8:00 pm.**

Bounce Houses by Affordable Contracting of Preston  
Yard Games & more!!!

### **FARMER'S MARKET ~ 6:00 - 8:00 pm.**

Local vendors ~ produce, baked goods, artists & more!!  
*(If you are interested in being a vendor,  
please contact Preston Parks & Recreation  
by phone at 860-887-5581 x113 or email recreation@preston-ct.org)*

### **OUTDOOR MOVIE ~ starts at 8:45 pm**

Come watch Mighty Ducks under the stars on a 16' screen!  
Bring blankets or chairs.

### **FOOD ~ All night!**

Bring your appetite!! Jimmies Ice Cream Shoppe  
will be serving delicious food and ice cream all night long!!

## TRUNK OR TREAT

Join us for a fun, family night which includes decorated  
trunks filled with candy and treats and hayrides.



### **TRUNK DECORATORS ARE NEEDED!!**

We need your help!! We are looking for 30+ people to  
decorate the trunk of their vehicle and hand out candy on  
the night of the event (candy will be supplied). We say  
"trunk" but you can decorate your car, minivan, truck,  
trailer, etc...use your imagination!! If you own a company,  
decorating a trunk is a great way to advertise to the  
Preston community!! Contact Preston Parks & Recrea-  
tion if you are interested in decorating your trunk...or sign  
up online at [www.preston-ct.org](http://www.preston-ct.org)



Date: Friday October 26

(rain date: Saturday, October 27)

Time: 6:30 - 8:00 pm

Location: Preston Veterans Memorial School Parking Lot

Admission: Bag of individually wrapped candy

Trunk or Treat is for Preston residents only; ID required to enter

## FIELD TRIP FOR HIGH SCHOOLERS

### **WATER WIZZ**

Join Preston Parks & Recreation as we travel to Water Wizz in Ware-  
ham, Massachusetts – southern New England's largest water park!!  
Water Wizz features 6 tube slides, 5 body slides, 2 free-fall slides,  
wave pool, and lazy river. For lunch, we recommend bringing a lunch  
-- or food can be purchased on-site. We will be making a fast food  
stop on the way home for dinner, so bring \$\$\$. It's best to come wear-  
ing bathing suit and youth will need to bring the following items with  
them: sunscreen, towel and change of clothes.

Fee includes: admission, staff supervision & Town of Preston school  
bus transportation.

Dates: Tuesday, August 14, 2018

Time: 7:45 am - 7:00 pm

Grades: Entering 9 - 12 in the fall

Fee: \$50 for Preston residents

\$60 for non-residents

(non-residents must be accompanied by a Preston friend)



Registration deadline: August 1st. Minimum of 20 kids needed to  
make this trip happen. \$10 late fee for all registration received after  
August 1st. Register on time to avoid late fees

## SUMMER CAMPS

### **MINI-HAWK CAMP**

#### **(SOCCER, BASEBALL & BASKETBALL)**

This multi-sport program was developed to give children a positive  
first step into athletics. The essentials of baseball, basketball and  
soccer are taught in a safe, structured environment with lots of  
encouragement and a big focus on fun. Register online at  
[www.skyhawks.com](http://www.skyhawks.com)

Dates: Monday - Friday, August 6 - August 10, 2018

Time: 9:00 am - 12:00 pm

Ages: 4 - 7

Location: Preston Community Park

Fee: \$119.00 per kid



## YOUTH SPORTS

### **YOUTH RECREATIONAL BASKETBALL**

Registration for recreational youth basketball begins September 1st!!  
All registrations are due by October 15th. Register online at  
[www.preston-ct.org](http://www.preston-ct.org). All registrations received after October 15, 2018  
will be accessed a \$20.00 late fee and only be accepted if space is  
available.

Practices will start in November.

Games are played mostly on Saturdays,  
starting in December and running through February.

Coaches are still needed at all levels —  
please contact Preston Parks & Recreation if you are  
interested in coaching or being an assistant coach!!



**Preston Parks & Recreation is on social media!!**  
Stay up-to-date with all the programs, events,  
and happenings Preston Parks & Recreation is offering!!



@PrestonParksRecreation



Follow us on  
**Instagram**

@PrestonParksRecreation

## ADULT PROGRAMS

### YOGA

This class encourages each student to honor their own level of ability. You will be guided through a practice of meditation and breath work, holding and exploring postures. Modifications are offered as needed. This experience will encourage improved balance, increase flexibility, strengthen and tone muscles and stress relief. Please bring: yoga mat, blanket, and 2 yoga blocks.



Instructor: Sandra Hartnett

Session #1 ~ Wednesdays: September 12 - October 17, 2018

Session #2 ~ Wednesdays: November 7 - December 19, 2018  
(no class on October 21)

Time: 5:15 – 6:15 pm

Location: Preston Public Library Meeting Room

Ages: 16+

Fee: \$60 per session (6 weeks)

### INTRO TO KNITTING & CROCHETING



Knitting and crocheting is fun for all and easy to learn. The basics of knitting and crocheting will be explored in this class. Learn various stitches and techniques with instructor Rachel Brink. Bring #5 needles and a medium weight yarn.

Instructor: Rachel Brink

Dates: Mondays: October 15 - November 5, 2018

Time: 6:00 – 7:00 pm

Location: Preston Plains Middle School

Ages: 16+

Fee: \$27 per person for 4 week session

### CORE DE FORCE LIVE

CORE DE FORCE LIVE is an empowering, core-focused workout that combines authentic Boxing, Kickboxing, and Muay Thai moves, explosive power moves and interval training. Ready to get into killer shape? It starts with one punch! Bring an exercise mat.

Instructor: Cindy Stolaronek

Dates: Mondays: September 17 - October 29  
(no class on October 8)

Time: 6:00 – 6:50 pm

Location: Preston Plains Middle School

Ages: 16+

Fee: \$37 per person for 6 week session  
or \$10 per class for walk-ins

### CARDIO CONDITIONING

Cardio conditioning is a series of explosive, dynamic drills to get you in the best shape of your life! Bring an exercise mat.

Instructor: Cindy Stolaronek

Dates: Wednesdays: September 19 - October 24

Time: 6:00 – 6:50 pm

Location: Preston Plains Middle School

Ages: 16+

Fee: \$37 per person for 6 week session  
or \$10 per class for walk-ins

### CORE DE FORCE & CARDIO CONDITIONING CLASS SPECIAL!

Sign up for both classes by September 10th  
and pay only \$65!! That's less than \$5.50 per class!!

Register online [www.preston-ct.org](http://www.preston-ct.org)

## SENIOR ACTIVITIES

### CHAIR YOGA

A complete yoga practice using the support of a chair. Breathing techniques, yoga philosophy, meditation and deep relaxation are woven into each class. In this fun and informative class students will take home tools for mindfulness and relaxation as well as movements for energizing and stretching the body. Chair yoga classes are targeted for ages 60+ but classes are open to all adults and abilities.

Instructor: Sandra Hartnett

Session #1 ~ Mondays: September 10 - October 22, 2018  
(no class on October 8)

Session #2 ~ Mondays: November 5 - December 10, 2018

Time: 9:30 – 10:30 am

Location: Preston Public Library Meeting Room

Fee: \$36 per session (6 weeks)

### SENIOR BUS TRIPS

Senior bus trips to the Bronx Zoo and Newport Play House are in the works!! Please check our website [www.preston-ct.org](http://www.preston-ct.org) for complete details or stop by Town Hall for flyers!!

Preston Parks & Recreation now offers  
online registration for your  
convenience!! Don't have a computer?  
That's okay, registration forms  
are still be available at the  
Parks & Recreation office!



[www.preston-ct.org](http://www.preston-ct.org)

Preston Parks & Recreation presents...

# SHOWDOWN ON THE PLAYGROUND

## ADULT KICKBALL TOURNAMENT

Sunday, September 23, 2018  
First games kick off at 8:00 a.m.  
Preston Community Park  
13 Route 117, Preston CT

Will there be food? Yes, full concession including  
hotdogs, hamburgers & pulled pork sandwiches

<b>Double Elimination Tournament</b> 12 to 20 players per team -- must be at least 4 female players per team All players must be at least 16 years old Team entrance fee of \$200 ...save \$25 per team if you register by August 10th Cash prize for winning team	<b>18 teams max</b> Registration Deadline: September 1st	Registration forms available at <a href="http://www.preston-ct.org">www.preston-ct.org</a> <b>Coaches Meeting</b> to discuss rules Thursday, September 20 ~ 6:30 pm Preston Community Park
---	---	--

Proceeds from this event will help fund future projects at Preston Community Park

Questions? Contact Antonio Farinha by phone at (860) 634-4962 or email [adf@preston-ct.org](mailto:adf@preston-ct.org)

# Preston Public Library

389 Route 2 (Across from Town Hall) Preston, CT 06365 • Phone 860.886.1010

Find us online! [www.prestonlibrary.org](http://www.prestonlibrary.org) • Email us: [library@prestonlibrary.org](mailto:library@prestonlibrary.org)

Hours: Monday 9-3 • Tuesday-Thursday 9-8 • Friday 9-5 • Saturday 9-1

## SERVICES:

Best Sellers/ Fiction & Non-fiction Books for all ages

- Audio books-cassette/MP3/CD/Playaways
- Videos & DVD • Interlibrary loan • Magazines
- Audiobooks and E-books from RBDigital, also E-books available from SimplyE (There's an App for that!)

Online Catalog • Reading groups

Passes to area attractions • Reference services

Computers for Internet Access (please check in at desk)

Wireless Access for Laptops, Cellphones, etc. (please check in at desk)

Preston Historical Society files

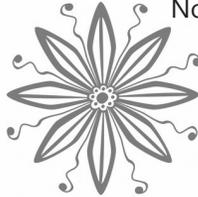


## ON-LINE DATABASES:

Consumer Reports w/ Cars  
researchIT CT- free online resources  
Encyclopedia Britannica

JobNow-Live, anytime, anywhere job assistance

LearningExpress- Learning Center free for Preston residents with library cards



## CHILDREN'S PROGRAMS:

Story Times For Children – Birth to five years old.

Join us for stories, songs, fingerplays, and crafts.

Tuesdays, 10 to 11 am and Wednesdays, 10 to 11 am.

## Feelin' the heat?

Looking for a Summer Activity which doesn't require you to spend \$\$\$?

It's nice and cool here at the Library!

Come in and relax- read a current magazine, read the newspapers, or utilize the Internet on one of our computers! Play a game! Do a puzzle! Color!

Also remember, if you want to check on library programs, library scheduling updates, or even just what passes we have available- check our website!

## Holiday Hours & Closures:

Saturday, Sept 1st through Monday, Sept 3rd-Closed  
Saturday, Oct 6th through Monday, Oct 8th-Closed

During the school year, for the safety of our staff and patrons, the library follows the inclement weather policy of the Preston Schools.

All cancellations are announced on WFSB channel 3.

Thank you for your understanding.



## Wouldn't some free e-books go great with a cool drink next to the pool? Or pond, or beach, or...you pick!



The Connecticut State Library is participating in the Digital Public Library's (DPLA) "Open Bookshelf" project. If you would like to try this service, download the "SimplyE" app from either iOS or Google Play store (it is free.) Once you have downloaded it, it will offer multiple "Libraries" to choose from. You want to choose "Digital Public Library of America." From there, you may browse the collection of e-books. No library card or account is required and all books are free to download and keep.

We're all ears for audiobooks!



As a Preston Library Card-holder, you also have free-access to check out e-books and audiobooks using an app called RBDigital. It's compatible with Android, Kindle, and iPhones/iPads. With this app, you don't keep the books, instead you check them out for two weeks. You can also find and use RBDigital on a personal computer through a link located at our website. It is eight headings down, in the column farthest to the right on our website labeled "Online Services (Free to Preston Residents)" Our website is located at <http://www.prestonlibrary.org>.



## I'm bored!

Kids complaining? Tired of paying to rent DVDs? Come in to the library!

We'll let you borrow our DVDs for free!

We've got hundreds of movies to choose from - both new and older, as well as many excellent Television Series!



Don't have a library card yet? No problem! Bring in a photo id and proof of Preston residency and you'll have a card all your own in no time!

Remember your Summer Reading Assignments! Get your books here!

Library Board of Trustees: Katherine Allingham, Patricia Bell, Kelly Ennis-Davis, Ann Legler, Mary Jo Nugent

Email: [prestonlibraryboard@gmail.com](mailto:prestonlibraryboard@gmail.com)

# The Friends of The Preston Public Library

**Next Friends Meeting:**  
**3:30pm September 24, 2018**  
(Preston Public Library Meeting Room)

## Book Donations

We welcome your Donated Books for our next Book Sale (Spring 2019). Please place your donated books in the designated bin outside the library. Thank you !

## Friends Needs Your Help Please

The Friends of the Preston Public Library is a non-profit group of volunteers in your community that supports the Preston Public Library. We are currently in need of the following:

## Donations / Annual Dues

Please mark your donation(s)  
[or payment of Friends' yearly dues]  
to Attention:

The Friends of the Preston Public Library  
389 Route 2, Preston, CT 06365.

## New Members

Become a member and be informed about upcoming Friends' events by contacting the Preston Public Library by telephone or by mail (389 Route 2, Preston, CT 06365 Phone: 860.886.1010) or log onto our Friend's Facebook Page (type@FriendsofPrestonPublicLibrary into the search field).

## Assistance with Programs & Book Sale

You can help us as little or as much as you'd like, working at or planning one of our "programs", or putting a couple hours into our next Friends "Book Sale" as a cashier, or to help set-up or sort, or clean-up. You don't have to be a member to help. Please call the library if you are interested in lending a hand.

## Bestselling Author To Visit Preston!

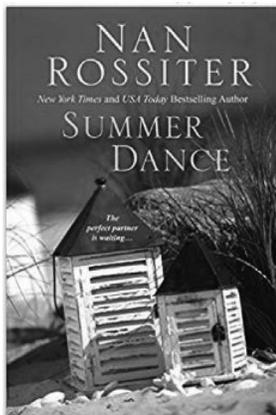
Please come join The Friends on  
**The Connecticut Authors Trail**  
as we welcome author...



## Nan Rossiter

and her new book  
**Summer Dance**

at the Preston Library on  
**Thurs., August 16th**  
**6:30 pm**



Nan Rossiter grew up in Pelham, New York. Some of her earliest memories include riding a green stingray bike—complete with banana seat and sissy bar—to the Pelham Library which, at the time, was a tiny, cave-like space tucked beneath Hutchinson Elementary School. It was from the shelves of this library that Nan first discovered the magic of books. Some of her favorite characters included Mrs. Piggle-Wiggle, Pippi-Longstocking, Laura Ingalls, The Scarlet Pimpernel, and Harriet the Spy.

When she was in middle school, Nan moved with her parents to Barkhamsted, Connecticut. She graduated from Rhode Island School of Design, and after freelancing for several years, began writing and illustrating children's books, including RUGBY & ROSIE, winner of Nebraska's Golden Sower Award, and most recently, THE FO'C'SLE: Henry Beston's Outermost House.

Nan lives in rural Connecticut with her husband, two handsome sons, and a noble black Lab named Finn, who takes her for long walks every day, no matter what the weather!

## Margaret Gibson (Poetry)

**Tuesday, October 16, 2018 at 6:30pm**  
Preston Public Library.

Mark your calendars for a delightful evening of Margaret's poetry. Stay tuned for more details in the next Pipeline Publication

## Tom Callinan (Musical Storyteller)

coming to town for your family enjoyment

**Saturday, November 3, 2018 at 1:00pm at Long Society Meeting House in Preston.** Everyone is welcome. An experience for the kids, and an old fashioned community gathering. [Stay tuned for more details in the next Pipeline Publication

**Thank you for your support,**  
**Mary Jo Nugent**

The Friends of the Preston Public Library

# The Cynthia A. Carano Memorial Scholarship has been awarded to Sydney Kupis!



The Cynthia A. Carano Memorial Scholarship committee is pleased to announce that the 2018 recipient of a \$1,700 scholarship has been awarded to Sydney Kupis. Sydney, a 2018 graduate of Norwich Free Academy is the daughter of Scott and Amy Kupis of Preston. Sydney will be attending Eastern Connecticut State University this fall.

Sydney's essay, "How an Educator or Mentor Has Positively Impacted My Life", written about her high school AP English Literature teacher, Mr. Jeffrey Joyce, was chosen from seven other applicants. "Her essay truly portrayed what the committee was looking for and honored Ms. Carano's legacy," said Gale Ennis, Chairperson of the scholarship committee.

A luncheon was held on Sunday, June 3rd at Village Pizza and was attended by family and friends of the applicants, the Carano Family, and members of the scholarship committee. The committee and Carano Family would like to thank Tom and Denise Mortimer and their staff at Village Pizza for their continued support of the scholarship.

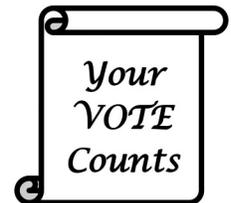
POLITICAL ADVERTISEMENT    POLITICAL ADVERTISEMENT    POLITICAL ADVERTISEMENT

## PRESTON DEMOCRATS



ON AUGUST 14

VOTE FOR



## KAREN STOCKTON

REGISTRAR OF VOTERS

Paid for by Norman Gauthier, Preston, CT. This message was made independent of any candidate or political party

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Preston CT (860) 887-1930**

# PPMS 6th Graders Study Climate Change

For two weeks this past spring, Hugh Birdsall, education consultant with a Mystic-based non-profit organization called Reforest the Tropics, and Christine McNeil, PPMS science teacher, co-taught a unit on climate change to 6th graders.

Students engaged in activities that allowed them to draw their own conclusions about the relationship between weather and climate, the two Greenhouse Effects, causes and impacts of climate change, biogeochemical processes, and solutions to the problem of global warming. Their solutions included educating others about climate change, stopping deforestation, increasing reforestation, using renewable energy sources, and moving toward vegetarianism.

They also took on some real world mathematics by calculating the annual carbon footprint of their school, based on fossil fuel consumption for cooking, heating, cooling, and generating electricity.



## OUR PURPOSE

To make a tangible contribution to **global sustainability** through education and applied research on carbon-offset farm forests in the tropics.

At the end of the six-lesson sequence, students wrote letters to policymakers to describe their learning, voice their concerns about the future of the environment, and suggest solutions to the climate change crisis. They also made plans to invest in a hectare of tropical forest to help offset the carbon emissions created by their school's use of fossil fuels. Mr. Birdsall's work is funded by an environmental education grant from The Community Foundation of Southeastern Connecticut. Plans are in the works to expand this education program to grades three through seven in the coming year.

environmental education grant from The Community Foundation of Southeastern Connecticut. Plans are in the works to expand this education program to grades three through seven in the coming year.

### Herster Barres,

D. Tech. Science, ETH '61, MF Yale '58  
Tel 860-912-7706

Reforest The Tropics, a 501 (c)(3) non-profit organization  
28G Cottrell St., Mystic, CT 06355,  
& Turrialba, Costa Rica

**Website: [Reforestthetropics.org](http://Reforestthetropics.org)**

POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT

Some of you may recognize me, whether you attended the Preston school system, or know me from my experience in the Registrars of Voters Office (ROV) or campaigning at your personal residence. My name is Cheryl Roberts. I have conducted the towns' referendums, primaries and elections for six years under various registrars. Meanwhile, continued my education and completed a number of various degrees. Upon graduating from Three Rivers Community College with a Computer Aided Drafting Certificate and an Associate's Degree in Liberal Arts with a Deans List Award Letter. I then went off to Eastern Connecticut State University to complete a Bachelor Degree of Liberal Arts with a concentration in Business Administration and Computer Science.



Shortly afterward I accepted the position of Democrat Registrar of Voters to protect your voting rights and follow all election laws. In this position I have gained much experience running the towns' elections, and most recently it came in handy as I conducted a budget referendum on my own on June 10, 2018 due to a resignation in the Republican registrar's position. Of increased benefit to benefit our town and serve the greater registrar community, I was recently asked to become Deputy Treasurer of the Registrars of Voters Association of Connecticut (ROVAC). I have participated in all Board of Directors meetings. This gives me firsthand information to immediately protect you with new laws, procedures and heightened security. In 2015, the State of Connecticut passed a law requiring all Registrars of Voters to obtain a professional certification with 25 hours of training and a completion exam. In addition to this certification (ROVAC) has conferences for additional training and exchange of information. They have monthly meetings to discuss upcoming elections and events. I have completed all the classes for the ROV certificate and I am waiting for the completion exam. This will aid me in serving the community more fully and to help me administer the election office which protects your right to vote.

Since I have been in office, I have met some amazing people, including many of you as I circulated petitions to secure my place on the upcoming August 14th, 2018 Democratic Primary.

**I ask you for your vote and  
Thank you for continued support!  
Cheryl Robert**

Paid for by Cheryl Robert; Preston CT.

# Notes From Avalonia Land Conservancy By Margaret Gibson



We've had a cool spring and rain enough that on our preserves in Preston, there are fields with milkweed in blossom (and arriving monarch butterflies) wild flowers, and winding pathways through wetlands and ridges and woods. And there are, yes, weeds, invasive ones at that. A crew of us, your Avalonia Town Committee, went out some weeks ago and cleared the pathways in the Greenwood Preserve (off Lake of Isles Road) so that there's easier walking, and Bob Chapin and his trusty chain saw cleared the trees and occasional large branches brought down by last winter's storms. The paths in the Preston Nature Preserve have been mowed by volunteers, so that you can amble through the fields and woodland paths. All you have to do is remember that these land trusts are there for you to enjoy.

Bob Chapin is now the Town director, and the committee includes Linda and Mark Christensen, Peter Leibert, Joel Fuller, Margaret Gibson. It's part of our delight and commitment

to work on these preserves and to offer them to the public for passive recreation. But hey—we're getting older. Well, who isn't, but we would benefit—we all would benefit—if there were younger volunteers to help out. We have fun out there—it's work AND play—and we'd welcome anyone who wants to pitch in on our "brush brigades."

We also hope to grow our membership. If you want to learn more about Avalonia Land Conservancy, please go to <[www.avalonialandconservancy.org](http://www.avalonialandconservancy.org)> and read about the preserves Avalonia manages throughout New London County. There are now over 4,000 acres of land held in trust throughout the county, including the large new acquisition called Tri-Town, which includes a bit of Preston. Aside from stewardship on the preserves, a new member or volunteer might help out with writing grants, fund-raising, education and communications. We need your skills, your generosity, and your participation in whatever forms these may take.



## **LoPresti's Farm**

**EXTRA SWEET NATIVE CORN!**

**Native Tomatoes • Beans!**

**Squash! Peas! Fruits! Flowers!**

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## Preston City Congregational Church

Reverend Stanley E. White, Minister



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Friends  
Become  
Family*

For more information, check out our website:  
prestoncitycongregational.org • Check us out on FACEBOOK!

**321 Route 164 • Preston, CT**  
**860.887.4647 or 860.886.7200**

*Join Us This Sunday!*

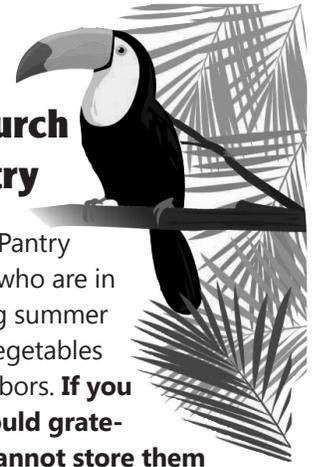
**Summer Service: 9 A.M.**  
(through September 2nd)

**September 9th:**  
**9 & 10:30 A.M. worship**  
**8:45 A.M. Sunday School**  
for ages 3 – high school  
Call to register your child.  
It's a great program!

**September 22nd:**  
**SCARECROW FESTIVAL (see ad)**  
**October 20th: Turkey Supper**  
Call for reservations: 860.887.4647

**October 28th: Organ Concert**  
Sanctuary (Free to the public)  
Robert Potterton, III – Organist

## News From The Preston City Congregational Church Two Can Food Pantry



Each month the Toucan Food Pantry welcomes many area families who are in need of food. In these coming summer months, we often give fresh vegetables donated by our Preston neighbors. **If you have surplus veggies, we would gratefully accept them, BUT we cannot store them for any length of time. So we ask for donations of fresh produce be dropped off a couple of days BEFORE our distribution day ( always the 3rd Wednesday of each month...this summer August 13-14 and September 17-18). Thank you for all your contributions and support!**

Just a reminder...as you leave to go to church each Sunday, grab a can or two from your kitchen shelves to leave at your place of worship for the needy families who come to the Toucan Food Pantry...the donations from our town's churches are always greatly appreciated.

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I am a PRESTON resident and my wife and I have attended PRESTON schools.

We look forward to helping people with heating and cooling needs!



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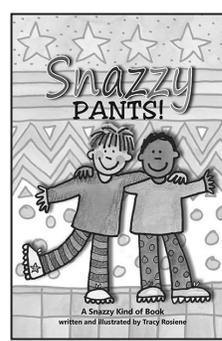


**Your Local Fire  
Department  
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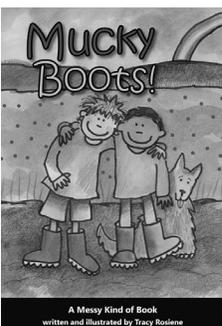
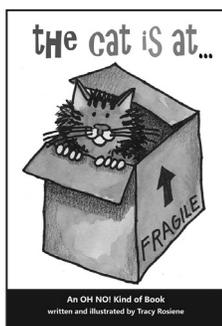
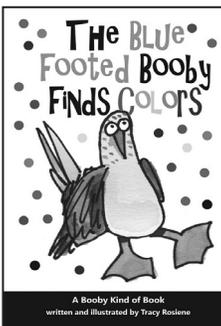
Stop in Monday nights 6-8,  
call 860.887.4815, or visit  
[PrestonCityFire.com](http://PrestonCityFire.com) to apply  
today!

# Preston Palooza 2018!

A wonderful time had by all! Thanks to all the volunteers, sponsors, and people who made this event possible! And to Amy Brosnan of Preston Parks and Rec...fantastic job!



Books written and illustrated by Tracy Rosiene of Tracy Lyn Designs, LLC of Preston.



Now Available on Amazon and Barnes and Noble and other sites!

# Win a \$25 Gift Certificate to Village Pizza!

How do you get ready for fall and winter?

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Email your answer to: [tracylyndesigns@comcast.net](mailto:tracylyndesigns@comcast.net)  
or mail to:  
Tracy Lyn Designs, 211 Rte. 164 Preston, CT 06365

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Lime juice

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## Dave's Dog Food Cans

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## Blue Seal Dog Krunchies

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Coupon. Exp.8/12/18



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