

Preston Pipeline²

VOL 7 ISSUE 1 FALL 2017

Preston Redevelopment Agency

By Sean Nugent and Merrill Gerber

We again thank the people of Preston for your continued support of the Preston Redevelopment Agency (PRA). As you might expect, our efforts have been focused on progressing the clean up so that the property is conveyed to the Mohegan Tribe.

As mentioned in the last Pipeline, the PRA and the Tribe have been working with our environmental consultant (Tighe & Bond), our abatement/demolition consultant (Manfort Bros.), CT Department of Economic and Community Development (DECD) and CT Department of Energy and Environment Protection (DEEP) to develop the detailed plan for completing the remediation work at the site. This detailed plan is required so that we can submit the required permit applications with the State and Federal agencies. In developing the detailed plan we have been working to resolve questions raised by DEEP's endangered species group and DECD's archeological group. We have met with both groups numerous times these past few months to work through their questions. We have addressed their questions and are now in the process of finalizing our detailed plan. We anticipate submitting our permit applications this fall.

In addition, we have been working with Manfort Bros. to restart the abatement/demolition work on the remaining buildings. This work began in late August.

We hope you were able to visit the Mohegan Ceremonial Fire that was held at the site in July. The fire was held to honor those that came before us (tribal ancestors, those who once lived on the site, and those who worked at the former mental hospital). The ceremony served as a cleansing of all that has gone on before and to bring good medicine to the property. The fire was located in the field near the commuter lot and remained lit 24 hours a day for the four days. This was the first of four seasonal fires with the next one scheduled to be held from November 2nd through 5th. We encourage to drop by and participate in this cleansing event.

Should you have any questions, suggestions or comments, please attend one of our meetings at Town Hall on the second or fourth Wednesday of each month or contact me (Sean Nugent) at 860-917-6567 or Merrill Gerber at 860-887-7169.

You work hard on your home

***Shouldn't
your home
work hard
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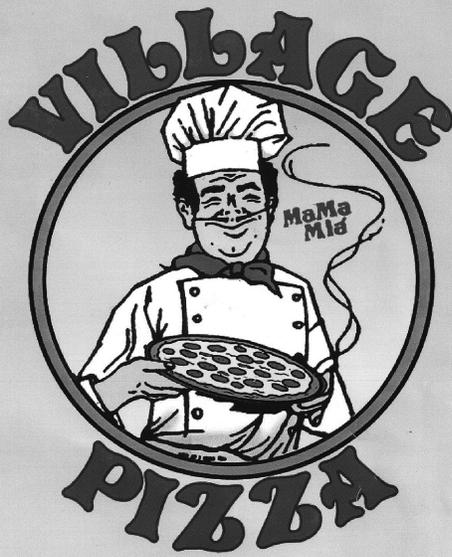
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Save the Date! Silent Auction

to benefit the ongoing restoration of Long Society Meetinghouse

The Restaurant at River Ridge
Nov 19, 2017 1-5 p.m
Hors d'oeuvres and cash bar

Join us for an afternoon of fun and friendship, all to benefit the ongoing restoration of Long Society Meetinghouse. We have received amazing donations from local businesses, artisans, artists and individuals – bring your checkbook and go home a winner, just in time to kick-off the holiday season!

Bids will close at 4 pm, and you don't have to be present to win.

We're also accepting new donations until Nov. 5.

Please call Donna Bowles at 860 884 4663 if you have any questions or would like to contribute.

THANK YOU, and see you there!



Preston Historical Society

Preserving The Past for Future Generations



Long Society Meeting House Update

As part of our ongoing restoration, the Preston Historical Society, Inc. contracted Gordon Brennan of Gambrel Acres in

East Killingly, CT to fabricate window sash to replace all 18 windows. The front windows and the pulpit window all have antique glass while the remaining windows are a 50/50 mix of new and antique glass. Sash fabrication and priming has been completed by Mr. Brennan.

Mr. Paul Casucci of Brookfield, MA completed final window painting and will install them in early October. Other LSMH projects on the horizon include: a new roof; a walkway and granite steps from the existing entry steps down to the road; and tree trimming/removal.

Please send any donations to Preston Historical Society, c/o Mark Christensen, 15 Amos Road, Preston, CT 06365.

Annual Meeting

The next meeting of the Preston Historical Society is scheduled for Sunday, Oct. 22, 2017 at 1:00 at Long Society Meetinghouse. Everyone is invited. Come out and check us out. Want to join or renew your membership? Please check out our website at www.preston-ct.org for information and an application. Look for us on Facebook at facebook.com/prestonhistoricalsocietyct

THE HALL FAMILY

These are pictures I recently found of members of the Hall family - Owners and operators of Hallville Mill. Are you related?



Betsy Kimball Hall



George Hall



Esther Kimball Hall



Benjamin Hall

Congratulations to Leigh and Chris Pappas
married at Long Society Meetinghouse
July 22, 2017



Preston Historical Society Membership Application 2017-2018

\$5 Senior/Student \$10 Single membership \$15 Family membership \$100 Life Membership

Name: _____

Address: _____

Phone: _____ E-mail: _____

I am interested in: Publicity Programs Document Transcription Building & Property Preservation

Please make checks payable to PHS.
Remit to Mark Christensen
15 Amos Rd, Preston, CT 06365

Preston Public Library

389 Route 2 (Across from Town Hall) Preston, CT 06365 • Phone 860.886.1010

Find us online! www.prestonlibrary.org • Email us: library@prestonlibrary.org

Hours: Monday 9-3 • Tuesday-Thursday 9-8 • Friday 9-5 • Saturday 9-1

SERVICES:

Best Sellers/ Fiction & Non-fiction Books for all ages
Audio books-cassette/MP3/CD/Playaways
Videos & DVD Interlibrary loan Magazines
Audiobooks and E-books from RBDigital
(There's an App for that!)
Online Catalog
Reading groups
Passes to area attractions
Reference services
Computers for Internet Access (please check in at desk)
Wireless Access for Laptops, Cellphones, etc.
(please check in at desk)
Preston Historical Society files

ON-LINE DATABASES:

Consumer Reports w/ Cars
researchIT CT- free online resources
Encyclopedia Britannica
JobNow-Live, anytime, anywhere job assistance
LearningExpress- Learning Center free for
Preston residents with library cards

CHILDREN'S PROGRAMS:

Story Times

For children – Birth to five years old. Join us for stories, songs, fingerplays, and crafts. Tuesdays, 10 to 11 am and Wednesdays, 10 to 11 am.

Holiday Hours & Closures:

Saturday, Oct 7th through Monday, the Oct 9th – Closed
Friday, Nov 10th – Sunday, Nov 12th Closed
Close at 1pm Wednesday, Nov 22rd
Thursday, Nov 23rd through Sunday, Nov 26th – Closed
Sunday, Dec 24th through Tuesday, Dec 26th – Closed
Sunday, 31st Dec through Jan 1st, 2018 – Closed

For the safety of our staff and patrons, the library follows the inclement weather policy of the Preston Schools.
Thank you for your understanding.

DID YOU KNOW...?

“OneClickdigital” has a new name! RBDigital

What is it? Online access to eBooks and Audiobooks!
Access is free with your library card! Either on your smartphone (Android, iPhone, iPad or Kindle)
OR on your computer!

Where is it? Connect through the library website at prestonlibrary.org and find the RBDigital icon in the column on the right under Online Services OR download it as an App on your smartphone or tablet!

Looking for something to do on those long holiday weekends?

Check out our website under the tab marked “Passes”!

You'll find a variety of links to local area attractions!

You can check out their hours, locations, and how much of a discount the pass at our library can offer to you!

Some of our passes can get you in free, some can give you a discount.

The website will tell you exactly how many people the pass will cover, and how much of discount you can expect so you can plan your outing.

The Board of Trustees is currently accepting applications for 2 (two) vacancies.

Please use Board email for further information.

Library Board of Trustees: Katherine Allingham, Patricia Bell, Kelly Ennis-Davis, Ann Legler, Mary Jo Nugent
Email: prestonlibraryboard@gmail.com

Avalonia Land Conservancy in Preston

By Margaret Gibson

We here in Preston are in a unique position to create a town and landscape balanced between human dwelling, farmland, woodlands and wildlands. Many communities in New England have lost the chance at sustaining this crucial balance, but we in Preston have not. . . yet.

The Wildlands and Woodlands vision described in two Harvard Forest publications calls for collaboration among conservationists and willing landowners to protect by 2060 at least 70% of the New England landscape along with another 7% currently in agriculture—a balanced approach. We in Preston can work on a local level to do our part in reaching that wider goal for New England. And we can make our lives better in the process.

In Preston, Planning and Zoning and the Conservation Commission can work together, along with private landowners and Avalonia Land Conservancy, to create a town of actively managed woodlands and wildlands (where there is no human management), farmlands, and neighborhoods. The current Wildlands and Woodlands vision supports the interconnectedness of forests, farms, waters, and communities and envisages a diverse landscape.

Woodlands are forests of diverse age, species, and structures permanently protected from development, managed for sustainability and economic and environmental benefit.

Farmland, as we know in Preston, needs our support, and in recent decades there has been a transformation of New England agriculture with increased interest in local and organic production, community-supported agriculture, grass-based meats and milk operations, and local markets. As the recent W&W report writes: “Strong local food and wood movements help support the viability of rural economies and the sustainable production of regional goods and services.” The first step is retaining agricultural land; the next steps call for increasing sustainable farming. Wildlands are tracts where there is no active human management, and yet wildlands bring great value to science and offers to human beings “its silence, solitude, rhythms and lack of imposed order.”

Avalonia Land Conservancy in Preston, to which I belong, supports conservation by holding out of the reach of development lands given and entrusted to us. We recognize that development is desirable when it is carried out within a vision that supports the whole of a community’s structure—which includes preserving woodlands, wildlands, farmlands. We are only a small part of the vision W&W offers, but we can all do our part.

To learn more about Avalonia, go to <avalonialandconservancy.org> To learn more about W&W’s vision, go to <wildlandsandwoodlands.org> This article reflects ideas and incorporates language from a recent Woodlands and Wildlands report.

Your Local Fire Department Needs You!
Stop in Monday nights 6-8,
call 860.887.4815, or visit
PrestonCityFire.com to apply
today!

Layout and design by Tracy Lyn Designs, LLC in Preston CT.
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Email: tracylyndesigns@comcast.net

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The publisher is not responsible for typographical errors and reserves the right to edit or delete information provided for space considerations.

State Legislative Update

By State Representative Mike France

My hope is that as you are reading this, the bipartisan budget that passed both the Senate and the House 77 days after the start of the fiscal year is now approved and providing greater financial stability and predictability to the town of Preston. The bipartisan budget makes difficult choices to close the remaining \$3.5 billion deficit after the State Employee Bargaining Agent Coalition (SEBAC) agreement was passed. However, in addition to the principle of not raising taxes again, the bipartisan budget holds all towns harmless for municipal aid in the current fiscal year and provides a rational and predictable Education Cost Sharing (ECS) formula that will provide certainty to Preston and every other town for the future.



Over a two-day period in mid-September, Senate and House members were in Hartford negotiating changes to the budget in the hope of achieving a bipartisan solution that would provide a new and sustainable direction for the state of Connecticut. In the end, 21 State Senators, including three Democrats, and 77 State Representatives, including five Democrats, voted in favor of fiscal responsibility and structural changes to how state government operates, that ensure our local towns are not impacted financially by past state budget decisions.

The bipartisan budget preserves aid to our towns and cities overall, and increases funding for our schools in both fiscal years. Preston will gain in both years by receiving \$74,000 more in Fiscal Year 2018 (FY 18), and \$444,000 more in Fiscal Year 2019 (FY 19). In addition, both Ledyard and Montville are held harmless in the first year. Even better, however, in FY 19 Ledyard will receive \$600,000 more in municipal aid and Montville will receive about \$460,000 more in funding.

In contrast, the budget proposal provided in the Democrat alternative continued spending beyond what existing revenue could support and raised taxes again to support the unsustainable spending. Some examples of the new taxes that were proposed include a new five Mill Rate statewide property tax on second homes and a 49 cent tax on cell phones. Significant policy changes included shifting a portion of teacher pension costs to the town, which would have required a significant increase in property tax for something our towns did not negotiate. New and increased taxes don't work, as evidenced by the two largest tax increases in our state's history in 2011 and 2015. The residents of Connecticut will suffer the consequences if this effective budget decision is further delayed and Governor Malloy's Executive Order is used to maintain the functions of state government.

The Democrat budget proposal would have had the biggest impacts on our smallest towns. Back in August, the Nor-

wich Bulletin published an article stating that the Town of Scotland was considering declaring bankruptcy if the state did not adopt a budget. With the only available information regarding an impending budget decision indicating increased taxes and municipal mandates, town officials felt hopeless and desperate to keep their community afloat. The state needs to provide predictability in municipal aid in a timely manner so local towns don't continue to battle with uncertainty in crafting a municipal budget.

If we are to live within our means, we must start now. Connecticut is at a crossroads and the budget that was passed by both the House and Senate in September is our best and perhaps last chance to make significant and critical choices. Unfortunately, however, in response to our success as a Legislature, Governor Malloy has stated his intention to veto this bipartisan budget. If he follows through on his veto threat, his executive order will go into effect on October 1st and will have significant consequences to our towns. Under his executive order, he would cut education funding to Preston, Ledyard and Montville in half. It would be extremely difficult, if not impossible, for our schools to continue to offer the superb programs they do today.

In addition, his executive order would enact a resource assessment to evaluate the economic viability of Millstone nuclear generating facilities. I have always advocated for greater transparency throughout the state on major operations, and I believe an assessment would benefit Millstone – the state would see how effective their operations are as one of the state's largest employers and tax payers. However, Dominion, the parent company of Millstone, has indicated that they are seriously considering shutting down the nuclear power plant. They have asked us to advocate for legislation that allows them to participate in Connecticut's procurement process – essentially making it possible for them to directly bid to electric suppliers and customers.

I have fought for this legislation to pass since it was first proposed late in the 2015 Session. It was passed by the Senate on September 16th but is still waiting for action in the House. If it does not pass, Millstone may no longer be able to remain competitive in Connecticut's market.

I will continue in the coming days to advocate for the bipartisan budget in every forum possible because our state cannot afford to let the governor's executive order go into effect October 1st.

Once again, I hope that by the time you read this, the bipartisan budget approved by the legislature will be in effect and we will have structurally changed the direction of our state for the better.

Democratic Candidates

The Preston Democratic Town Committee presents the following citizens for open 2017 municipal positions. Please vote for these fine individuals. **Sean Nugent**, PDTC Chairman

Board of Selectmen (2 Year Term)

Lynwood Crary



• Why are you running?

Preston always has, and always will be my home. My family ancestry has deep ties to Preston having lived in or near Preston since the mid 1600's, with several of my ancestors representing Preston in state and local government. I feel that it is my part to serve the town that has provided a safe environment and quality edu-

cation for my family for all of these generations.

• What Experience do you bring?

I became involved in Preston politics soon after I became a voter, and began my tenure by serving for 12 Years on the Planning & Zoning Commission. I eventually became Chairman of PZC, and for a portion of that time I was also a member of the SCCOG Regional Planning Commission. I am now a member of the Conservation and Agricultural Commission, and have served for two terms on the Board of Selectmen.

• What are you seeking to accomplish?

My goals for the next term will concentrate on transitioning to the "new" Preston that will materialize once the Riverwalk site is developed. We need to consider what additional government services will be required, and likewise what resident services and amenities we will now be able to offer. While the transition will just be beginning during this next term, it is never too late to start laying the groundwork and establishing long-term plans.

Board of Finance

Sandra Allyn Gauthier (2 year term)

• Why are you running?

I have always been involved in the communities that I live and work in and see "giving back" and having a "meaningful impact" as a responsibility that each person who possesses a call to serve should share their skills, talents, knowledge, expertise, passions and interests in whatever capacity they can. Previously in the town, I have been on The Board of Education, Zoning Board of Appeals and The Ethics Commission. After my last term on Board of Ed, my daughter was a high school student and I decided to concentrate on her college search process also realizing that my time with her at home was becoming shorter. Now that she is entering college in September, I will have more time to donate to the Town. Also, I am always looking for new opportunities to expand my own horizons and grow personally.

• What Experience do you bring?

Over 25 years experience in banking, investing and finance with a focus on strategic initiatives at the executive level, collaboration amongst teams, departments, organizations and boards, build high-performing teams, effective management, training, achieve sales, growth and revenue goals, secured and unsecured lending, fiscal management – budget and expense control, audit and internal processes and controls, strong problem solving, critical thinking, communication and interpersonal skills. See resume for additional details.

• What are you seeking to accomplish?

Utilize my background to build collaboration with the various Boards and Organizations within the Town to maximize efficiency and impact in the use of resources, revenues and expenses within the scope of the position. Examine and learn about each Board and Organization, their mission, vision, purpose etc. and how they integrate into the overall Town and budget process. Where and if it makes sense, determine if a S.W.O.T (Strengths, Weaknesses, Opportunities and Threats) analysis has been conducted and how to examine/share/implement best practices and look for continuous improvement both internally and externally. I will make sure that whatever position I serve in that I will add value, have a positive impact, and work hard to accomplish any of the goals and tasks required.

Board of Education

Cindy Luty (4 Year Term)

• Why are you running?

I am committed to the goal of providing our children with a safe environment in which they can learn and grow. I am passionate about ensuring that each child has quality instruction with a challenging and appropriate curriculum. I believe that it is our obligation to provide our children with the best education possible, enabling them to develop personally, socially, and academically. Our students must be able to compete in an ever-changing world that will increasingly challenge them as they grow into mature men and women and responsible citizens.

• What Experience do you bring?

As a retired teacher of 36 years, and having taught grades from pre-school to high school, I believe that I have brought valuable knowledge and expertise to the table and would continue to do so. I have been on the Board of Education for the past four years. In that capacity I have served on the Board of Directors of LEARN as Preston's representative. In addition, I have served on the Board of Finance Sub-Committee, the School Consolidation Committee, the Superintendent Search Committee, and as chair of the Curriculum Committee. Also, I have been a member of the Negotiations Committee for several contracts.

• What are you seeking to accomplish?

It is my hope to continue working for what is best for our kids as a member of the Board of Education for the next four years. Providing increased instruction in the areas of science is of utmost importance with the present emphasis on STEM/STEAM. Likewise, a strong social studies program in all grade levels should provide our students with a rich background in history, world cultures, and geography in order to understand the past and focus on the future of the world they will inherit.

Board of Assessment and Appeals

Nicholas Vegliante (4 Year Term)

• Why are you running?

Ten years ago my wife and I moved to Preston. As we have raised our family, our connection to the community has deepened. I am running for town office in order to use my skills and abilities to serve the town that has become my family's home.

• What Experience do you bring?

I was born and raised in Connecticut. My son, Nicholas, is a third grader and my daughter, Cecilia, is a first grader, both at Preston Veterans Memorial. I have been an attorney for 15 years and am a member of the Connecticut and Massachusetts bars. I currently practice as a commercial litigator at Cohn Birnbaum & Shea in Hartford.

• What are you seeking to accomplish?

While I have not been involved in local Town committees, my goal for the next term will concentrate on better understanding how business operates, what the issues are currently affecting our town and its residents, and bringing my personal and professional experience to bear to make our town a better place to live and raise a family.

Planning & Zoning

Ann Stockton-Sabrowski (4 Year Term)

• Why are you running?

I have lived in the town of Preston for eight years. I think it is very important for members of the town to have a voice in the decisions that are made for their town.

• What Experience do you bring?

It has been an exciting time for the commission with issues at the table including the writing of Preston's Plan of Conservation and Development, updates to zoning regulations, and the planning and zoning designs for the Preston Riverwalk property. I have served as a Justice of the Peace for the Town, serve on the Democratic Town Committee, and I was a member of the Shared Services Workgroup.

• What are you seeking to accomplish?

My role as a member any town committee is to be aware of our rich history, be alert to what is currently happening in the area, and to consider the input and recommendations of my fellow Preston residents to make decisions on their behalf that will be in the best interest of our community.

Zoning Board of Appeals

Lydia Lavoie (4 Year Term)

• Why are you running?

I am running as an incumbent on the Preston Zoning Board of Appeals. I have served on this board for several years now with the hope to continue to do so.

• What Experience do you bring?

I have lived in Preston all my life, growing up on a dairy farm. I am also a member of the Democratic Town Committee and I currently serve on the Zoning Board of Assessment and Appeals. In past years, I served as a Justice of the Peace.

• What are you seeking to accomplish?

I currently work for Charles River Labs as a Senior Human Resources Administrator and have been employed there for over 30 years. During my tenure at Charles River Labs, I have experienced much growth and new developments and with that, Success. This I believe can be indicative of what Preston will experience with the future growth and new developments coming our way. We can look forward to thigrowth but also we must maintain the integrity of our rural town. I will listen to our townspeople and treat them with fairness.

Zoning Board of Appeals Alternate

Roberta Charpentier (4 Year Term)

• Why are you running?

As a resident of Preston for 19 years, I've always admired those who voluntarily give of their time by serving on Preston's Boards, Commissions and Boy Scout Troop 75. Working full time, while also caring for a family and home is plenty to handle. So any free time that is spent working to make the community a better place for all, is admirable, and I'd like to be a part of that process.

• What Experience do you bring?

As the recording secretary for Zoning Board of Appeals I have heard numerous petitions and learned how the ZBA makes decisions and when they require a legal opinion.

Because of my time spent as ZBA's recording secretary, I can serve with the added experience of being present at every meeting for years.

• What are you seeking to accomplish?

As an alternate member of the ZBA, I hope to assist with any resident's appeal by assessing their unique situation and making a determination with the knowledge I've gained over the years working on this Board.

PRESTON PARKS & RECREATION

COMMUNITY EVENTS

TRUNK OR TREAT

Join us for a fun, family night which including decorated trunks filled with candy and treats and hayrides.



TRUNK DECORATORS ARE NEEDED. We are looking for 30+ people to decorate the trunk of their vehicle and hand out candy on the night of the event (candy will be supplied). We say "trunk" but you can decorate your car, minivan, truck, trailer, etc...use your imagination!! If you own a company, decorating a trunk is a great way to advertise to the Preston community!!

Date: Friday, October 27
(rain date: Saturday, October 28)

Time: 6:30 - 8:00 pm

Where: Preston Veterans Memorial School Parking Lot

Admission: Bag of individually wrapped candy

Trunk or Treat is for Preston residents only; ID required to enter



PRESENTS FOR PRESTON

Preston Parks & Recreation wants to make sure every child in Preston, 8th grade & under, has a Merry Christmas. If you are in need of help this holiday season or know a family that is, please contact Parks & Recreation by phone or email. Must be a Preston resident to qualify for this program. All names will be verified with the Superintendent's Office. Requests will be accepted starting November 1st. All requests must be received by November 17th. If anyone is interested in sponsoring a child or making a donation towards this program, please contact the Parks & Recreation office

TREE LIGHTING CEREMONY

Join Preston Parks & Recreation's for our 2nd Annual Tree Lighting Ceremony on Friday, December 1st at Preston Community Park. Lights, Music, Santa & Celebration. More details will be announced as the date gets closer!

YOUTH PROGRAMS

SAFE SITTER BABYSITTING COURSE

Learn the necessary skills for care for children of all ages. A certified instructor will teach children how to handle the messy situations of feeding and diapering, as well as managing scrapes, bruises, and life threatening situations. Handbook is included. **Bring lunch.**

Date: Saturday, November 18

Time: 9:00 - 2:30 pm

Ages: 11 - 14

Location: Preston Town Hall

Fee: \$60.00 per child

Lots more youth programs...check our website and your children's backpacks for flyers!!

YOUTH SPORTS

YOUTH RECREATIONAL BASKETBALL

Registration for recreational youth basketball teams for now taking place.

Practices will start in November. Games are played mostly on Saturdays, starting in December and running through February.



Registration deadline: Friday, October 20, 2017.

All registrations received after October 20, 2017 will be accessed a \$20.00 late fee and only accepted if space is available. Absolutely no registrations will be accepted after November 3, 2017.

ADULT SPORTS

MEN'S BASKETBALL

Join your Preston neighbors and friends for weekly pick up basketball games

Dates: Thursdays: October 5, 2017 - May 31, 2018

(Men's Basketball does not meet on holidays, half days, school vacations, or snow days/early dismissals during winter. So, basketball will NOT meet on the following days: 11/23/17, 12/07/17, 12/28/17, 3/22/17, or 4/19/17)

Time: 6:30 pm - 8:30 pm

Location: Preston Plains Middle School Gym

Ages: 18+

Fee: \$20 per person for the year



CO-ED VOLLEYBALL

Bump, set and spike...come and enjoy an evening volleyball

Dates: Tuesdays: October 3, 2017 - May 29, 2018

(Volleyball does not meet on holidays, half days, school vacations, or snow days/early dismissals during winter. So, volleyball will NOT meet on the following days:

11/07/17, 12/26/17, 4/17/18, or 05/15/18)

Time: 7:00 pm - 8:30 pm

Location: Preston Veterans Memorial School Gym

Ages: 16+

Fee: \$20 per person for the year



Franco's COMEDY FOR YOUR CAUSE

To Benefit...
PRESTON PARKS and REC

Presents an Evening of Comedy

Saturday
NOVEMBER 4, 2017
@ 8pm
Doors open @ 7pm
Cash Bar

Event held @:
PRESTON VFW
28 Spicer Road, Preston, CT

Tickets \$20

For More info Call: Amy Brosnan 860-889-2482 ext.113
Performers subject to change. ADULT CONTENT

Starring

HEADLINER: John Romanoff (Winner of Funniest Comic in New England)

FEATURE: Kevin Fitzgerald (36th NYC Comedy Fest)

HOST: Kathryn Gironimi (Comix)

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Stay up-to-date with all the programs, events, and happenings Preston Parks & Recreation is offering!! "Like" us on Facebook at www.facebook.com/PrestonParksRecreation

ADULT PROGRAMS

CHAIR YOGA

A complete yoga practice using the support of a chair. Breathing techniques, yoga philosophy, meditation and deep relaxation are woven into each class. In this fun and informative class students will take home tools for mindfulness and relaxation as well as movements for energizing and stretching the body. Chair yoga classes are targeted for ages 60+ but classes are open to all adults and abilities.



Instructor: Sandra Hartnett

Session #2 ~ Mondays: November 6 - December 11, 2017

Session #3 ~ Mondays: January 8, 2018 - February 26, 2018
(no class on January 15 or February 19)

Time: 9:30 - 10:30 am

Location: Preston Public Library Meeting Room

Ages: 16+

Fee: \$36 per session (6 weeks)

YOGA BASICS



Practice includes a variety of foundational postures (standing, seated and on the floor) that focus on balance and alignment. Breathing techniques, yoga philosophy, meditation and deep relaxation are woven into each class. Modifications are offered to optimize each individual's experience. Please bring: yoga mat, blanket, and 2 yoga blocks.

Instructor: Sandra Hartnett

Session #2 ~ Mondays: November 6 - December 11, 2017

Session #3 ~ Mondays: January 8 - February 26, 2018
(no class on January 15 or February 19)

Time: 5:15 - 6:15 pm

Location: Preston Public Library Meeting Room

Ages: 16+

Fee: \$60 per session (6 weeks)

BEYOND BASICS

For students with some yoga experience. This class encourages each student to honor their own level of ability. You will be guided through a practice of meditation and breath work, holding and exploring postures. Modifications are offered as needed. This experience will encourage improved balance, increase flexibility, strengthen and tone muscles and stress relief. Please bring: yoga mat, blanket, and 2 yoga blocks.

Instructor: Sandra Hartnett

Session #2 ~ Wednesdays: November 8 - December 13, 2017

Session #3 ~ Wednesdays: January 10 - February 14, 2018

Time: 5:15 - 6:15 pm

Location: Preston Public Library Meeting Room

Ages: 16+

Fee: \$60 per session (6 weeks)

INTRO TO KNITTING & CROCHETING

Knitting and crocheting is fun for all and easy to learn. The basics of knitting and crocheting will be explored in this class. Learn various stitches and techniques with instructor Rachel Brink. Bring #5 needles and a medium weight yarn.



Dates: Mondays: October 23 - November 13

Time: 6:00 - 7:00 pm

Location: Preston Plains Middle School

Ages: 16+

Fee: \$25 per person (4 weeks)

NEW PROGRAMS!!!!

CORE DE FORCE LIVE

CORE DE FORCE LIVE is an empowering, core-focused workout that combines authentic Boxing, Kickboxing, and Muay Thai moves, explosive power moves and interval training. Ready to get into killer shape? It starts with one punch! Bring an exercise mat.

Dates: Tuesdays: October 24 - November 21 (4 weeks)
(no class on November 7)

Time: 6:00 - 6:45 pm

Location: Preston Plains Middle School

Ages: 16+

Fee: \$27 for Preston residents, \$32 for non-residents

FAMILY POUND EXERCISE CLASS

Have fun and exercise with your child at the same time!! POUND is the world's first cardio jam session inspired by the energizing, infectious, sweat-dripping fun of playing the drums using Ripstix, lightly weighted exercise drumsticks. Bring an exercise mat for each person.

Dates: Thursdays: October 26 - November 16 (4 weeks)

Time: 6:00 - 6:30 pm

Location: Preston Plains Middle School

Ages: 4+

Fee: \$40 for parent/child pair for Preston residents

\$45 for parent/child pair for non-residents

\$10 for each additional child for 4 week session

POUND EXERCISE CLASS

Channel your inner rockstar with this full-body cardio jam session, inspired by drumming. Using Ripstix, lightly weighted exercise drumsticks, torch calories and tone while rocking out to your favorite music. Bring an exercise mat.

Dates: Thursdays: October 26 - November 16 (4 weeks)
(no class on November 7)

Time: 6:45 - 7:30pm

Location: Preston Plains Middle School

Ages: 16+

Fee: \$30 for Preston residents, \$35 for non-residents

POUND[®]
ROCKOUT. WORKOUT.

ENGRAVED BRICK FUNDRAISER

Here is your chance to become a permanent part of Preston! Your purchase of an engraved brick will help with future projects at Preston Community Park!!

Engraved bricks offer a great opportunity to leave a lasting impression on our community. Specifically, it's a personalized brick that can be customized with: your name, (memorial to) names of loved ones, a business or corporate name, or a message of your choice. The bricks will be placed in the Amphitheater at Preston Community Park.

\$50 for a 4x8 brick (3 lines of engraving)

\$100 for a 8 x 8 brick (6 lines of engraving)

Engraved Brick Fundraiser Order Forms are available on our website www.preston-ct.org or at the Preston Parks & Recreation office!!

Deadline to order bricks: February 28, 2018!!





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News From Troop 75

By Life scout Robby Roark



Preston troop 75 begins 2017-2018 year with full strength (22 scouts and 7 leaders attended). The first meeting night, run by Senior Patrol leader Peyton Prior, set the years calendar, focused the 2018 troop high adventure, planned our yearly community service project to help the PCCC with their Annual Scarecrow Festival, have a troop clean-up day for our sponsor, the Preston City Fire Company, Yearly Spaghetti dinner (Oct. 28th) and a Troop Court of Honor on Sept. 27th to award nearly 60 Merit badges to the group of scouts who attended Camp Yawgoog this August.

Life Scout Seth Hurt recently completed all his requirements for his Eagle Scout Board of review. Seth's Eagle project was to build an 8 X 10 shed for the Griswold youth Center. Seth lead a dedication ceremony this month and presented the Griswold Youth Center with a check with the additional moneies he raised over and above the projected cost. Special thanks to the Preston Fleming's Feed and Hardware for their contribution and delivery of the shed.

The Friends of the Preston Public Library Upcoming Programs:

Mark Your Calendars For “TELLABRATION”

Featuring **Tom Callinan** from CT College, who will be giving “A Storytelling Performance” (free) including stories & songs from CT’s history from Colonial Times up to Present Day.

November 15, 2017 6:30pm

St. James Episcopal Church Hall, 95 Route 2A,
Preston, CT

Adults and children welcome!



“REFLECTIONS ON THE HARP”

A Winter Wonderland Musical Performance

Featuring Preston’s own Harp Soloist

Evelyn Cournoyer

in a performance of musical favorites.

Harp Concert (Free): Sat, December 9, 2017

3:00pm to 4:30pm

Preston Public Library (389 Route 2, Preston, CT)

Adults and children welcome.

Next Friends’ Meeting is:

Monday, November 27, 2017 (3:30pm Preston Library)

(You don’t need to be a member to attend our meetings)

“The Friends of the Preston Library” is a 501(c)3 non-profit, charitable group of volunteers who’s goals are to promote awareness of the library by raising funds for programs, materials, equipment and services. The Friends’ group also sponsors events. Programs are geared for a broad spectrum of ages and interests.

Seen at the Scarecrow Festival



Preston City Congregational Church

Reverend Stanley E. White, Minister



*Where
Friends
Become
Family*

For more information, check out our website:
prestoncitycongregational.org • Check us out on FACEBOOK!

321 Route 164 • Preston, CT
860.887.4647 or 860.886.7200

Join Us This Sunday!

Join us on Sunday morning;
9 & 10:30am

TURKEY SUPPER

October 21st, 4 - 6:30 P.M.

Adults \$11,

Children 12 and under \$6

Call the office for
reservations.

ANNUAL HOLIDAY BAZAAR

November 18th,

9 A.M - 2 P.M.

News From The Preston City Congregational Church Two Can Food Pantry



This has been a very busy summer season. We have been able to distribute gift certificates for farm produce, thanks to generous donors and Prue's and LoPresti's Farm Stands. Many people have sent gifts in memory of William Leighton Hammond which we greatly appreciate.

Now begins our very busy fall season, starting with the Boy Scout Food Drive on Saturday, November 11..{Please remember, we CAN NOT distribute out-dated food items, so check the dates on your items!} Again we will be giving out Holiday turkeys (and the "fixins") for the Thanksgiving and Christmas celebrations. A special Thank You to the parishioners of our church (Preston City Congregational), St Catherine's, and St James for their continuous generosity.



The PCCC Food Pantry was renovated in August by a hard-working group of volunteers. They cleared off all the shelves, moved them out, installed a new floor, improved the lighting, added new blinds, and painted the walls. Then we came to help put everything back in place. Thanks so much for a Big Job Well Done!

Photo, l to r:
Bob Noiseux,
Ron Racicot, Joy and
Rich Chalifoux,
Stella Dawley,
Dwight Hopkins,
Harriet Rosiene, and
Betsy Hopkins

Win a \$25 Gift Certificate to Village Pizza!

Do you enjoy raking leaves in the fall?

Email your answer to: tracylyndesigns@comcast.net or mail to:

Tracy Lyn Designs, 211 Rte. 164 Preston, CT 06365

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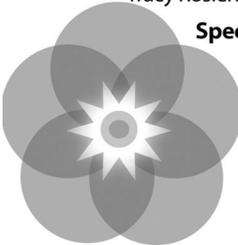
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APPLE CIDER MULES
4 oz. vodka
ginger beer
sparkling cider
Sliced apple, for garnish
Cinnamon sticks, for garnish

Fill two mugs with ice. Pour 2 oz vodka into each cup. Fill 2/3 full with sparkling cider, then top with ginger beer. Garnish with an apple slice and a cinnamon stick. Serve.

FLEMING'S FEED

Open 7 Days • We're LOCAL!

353 Route 165, Preston CT 860-889-7536

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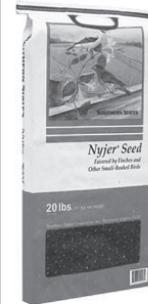
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