

**Preston Youth Services Advisory Board  
Regular Meeting  
Wednesday, March 16, 2022  
4:30 pm.  
Teleconference**

**1. Call to Order & Roll Call**

Melissa Lennon called the meeting to order at 4:36 pm

Melissa Lennon – Chair	Sandra Allyn-Gauthier – BoS liaison
Amanda Phelps – Vice Chair	Dr. Roy Seitsinger – PPS liaison
Kasey Peek- Secretary	Dr. Ivy Davis-Tomczuk – PPS liaison
Zachary Robinson – Youth Rep. - absent	Ray Bernier – PPS liaison
Trooper Sean Bresnan – Police Rep. - absent	
Jessica Boucher – School Rep. - excused	
Amy Brosnan – Youth Services Director	
Vacant – Youth Org. Rep.	
Rachel Tucker – Community Member	
Vacant – Community Member	

**2. Public Comment**

None

**3. Approve Meeting Minutes**

a. February 16, 2022 – Regular Meeting

**A motion was made by K. Peek and seconded by A. Phelps to approve the February 16, 2022 Regular Meeting minutes as amended.**

*p. 4 , section e, subset i.... Gr, 6-12 from 6-8 pm. in the library for 6 weeks starting 2/22/22*

**4. Correspondence**

1. YSB Landscape Analysis Survey
2. Pamphlets on National Problem Gambling Awareness month

**5. PYSB Financial Report**

Balance: 21,711.92

Grants: \$6936.67

**6. Resignations, Vacancies, & Appointments**

- a. Vacancies – a Preston youth organization representative, & a community member

YSB

K. Peek stated that Holly Cyr is interested in joining the Board.

## **7. Local Prevention Council Grant (CT Mental Health)**

### **a. Grants**

#### **i. \$2875.50 with vaping focus this year**

1. Hidden in Plain Sight – for adults to recognize risky teen behaviors (drugs/alcohol/vaping) & how to respond: <https://www.cappct.org/hips>
  - a. virtual bedroom (60-75 minutes) @ \$600/500
  - b. in-person bedroom (90-120 mins.) @ \$800/700
  - c. Backpack version (45/75/90 mins.)

**A motion was made by K. Peek and seconded by R. Tucker to approve 1 virtual presentation (\$600) and 1 in-person presentation (\$800) for NTE \$1500 with the details to be determined later.**

**All in favor. Motion carries.**

#### **ii. \$2050 for COVID (SPENT)**

1. Girls Circle Facilitator Training (NTE \$450 on 1/19/22)
2. Girls Circle & curriculum (NTE \$1600 for 11 sets on 2/16/22)

#### **b. Establish Preston Prevention Council – can be done within PYSAB**

A. Brosnan noted that the Prevention Council can be part of the YSB Advisory Board

## **8. PYSAB: Programming Ideas**

### **a. School or Community Garden**

M. Lennon noted the school has not shown up for a meeting so maybe it should just be a Community garden and leave the school out of it.

A. Phelps and A. Brosnan will speak to the school staff to see if there is an interest.

### **b. Mental Health**

#### **i. Awareness**

##### **1. NAMI – “Ending the Silence” programming**

- a. Virtual @ PPMS for Gr. 7-8 on April 11th, a high school program, & parent program

M. Lennon noted that Ending the silence has been booked. PPMS booked April 11<sup>th</sup> for grades 7 and 8. High School – April 7<sup>th</sup>. Parents program – April 14<sup>th</sup>

#### **ii. Counseling**

K. Peek stated Holly Cyr can assist with this.

#### **iii. Girls Group (see Local Prevention Council Grant above)**

Miranda stated that her training is complete and it was very good.

YSB

**A motion was made by K. Peek and seconded by R. Tucker to allocate NTE \$200 for program supply fees for the Girls Circle.**

**All in favor. Motion carries.**

**iv. Support Groups**

**c. Banking Classes**

**i. Chelsea Groton Savings Bank**

**1. Middle School – Money Sense (April 5th after school)**

**2. High School – (1) Checking vs. Savings (April 12th @ 6 pm.)**

**d. Internet Safety Class**

**i. Scott Driscoll – Internet Safety Concepts**

**1. Parent presentation – 90 minutes in person or virtually - \$1300**

**2. Student presentation – 60 minutes in person - \$650**

May 19<sup>th</sup> – 1:30 to 2:30 in person. Parent presentation is virtual 6:30 to 8:00

**e. Non-sport activities i. Loom Knitting – Jennifer Ihloff (Cow Bell)**

M. Lennon requested A. Bronson to find out if this is a paid program so YSB knows the cost

**ii. Book Club**

no comments

**iii. Gaming Night – Fortnite, RoBlox, etc.**

Miranda noted she knows someone who would run it.

**iv. Simple Computer Programming for kids**

K. Peek will get information

**f. Summer Programming – sponsor camps or activities?**

A. Brosnan stated she would like to offer a camp for teens

**A motion was made by A. Phelps and seconded by K. Peek for Preston Youth Services Board to subsidize \$150 per Preston kid up to 25 per camp (art camp and slime camp) NTE \$7500.**

**All in favor. Motion carries**

**g. Mentors**

Tabled

**h. Safe Driving Class for Teens**

YSB

Tabled

**i. Youth Group for middle school/high school (meet monthly)**

Tabled

**j. Birth to five age group i. Mommy & Me playgroup**

Tabled

**k. “Free Range” playgroups**

Tabled

**l. Birthday Party gifts for families in need**

Tabled

**m. Grant for Preston youth in need of financial support to participate in activities of interest**

Tabled

**n. Panther Loft - offer free consignment quality clothing to Preston families in need**

Tabled

**o. Look at transportation issues for youth to attend activities of interest**

Tabled

**p. other**

No comments

## **9. PYSAB: Programming for 2021-2022**

**a. Ongoing:**

No comments

**i. Hire A Teen**

No comments

**ii. Intergenerational Pen Pals**

No new signups

**b. Fall:**

No comments

**i. Purchase of Story Walk Boards at Preston Community Park**

No comments

**ii. Purchase of Mental Health books for Preston Public Library**

No comments

**iii. Babysitting Course (November 13th)**

No comments

**c. Winter:**

No comments

**i. Presents for Preston – 20 kids were sponsored**

No comments

**ii. Stuff a Cruiser – collected toys, socks, slippers, & blankets**

YSB

No comments

**iii. Art from the Heart – 25 kids made reindeer for distribution to seniors**

No comments

**iv. Board Games Club – 6 weeks, grades 6-12, starting Feb. 22 from 6-8 pm.**

ongoing

**d. Spring:**

**i. Babysitting Course – Sunday, April 10th**

3 signed up

**ii. Art from the Heart**

Kits are being prepared and will be ready for Easter

**iii. other**

No comments

**e. Summer:**

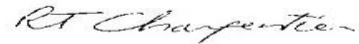
**10. Public Comment**

No comments

**11. Adjournment**

**The meeting was adjourned at 6:09 pm**

**Respectfully submitted,**



**Roberta Charpentier**