

**Preston Youth Services Bureau Advisory Board
Regular Meeting
Wednesday, February 16, 2022
4:30 pm.
Teleconference**

1. Call to Order & Roll Call

Chairwoman Lennon called the meeting to order at 4:41 pm

Regular Members

Melissa Lennon - Chairwoman
Amanda Phelps – Vice Chair
Kasey Peek- Secretary - excused
Zachary Robinson – Youth Rep. - excused
Resident State Trooper Sean Bresnan – Police Rep. -excused
Jessica Boucher – School Rep.
Rachel Tucker – Community Member – arrived at 5:00 pm
Vacant – Youth Org. Rep.
Vacant – Community Member

Liaisons - None present
Sandra Allyn-Gauthier – BoS
Dr. Roy Seitsinger – PPS
Dr. Ivy Davis-Tomczuk – PPS
Ray Bernier – PVMS

Also Present

Amy Brosnan, Parks & Recreation Director
Miranda Fabre – Assistant to Park & Recreation Director
Roberta Charpentier, recording secretary
Iris Alamo, NAMI – left at ~ 5:00 pm
Miria Gray, Chelsea Groton Savings Bank – left at ~ 5:15 pm
Lisa Van Alst, Preston City Congregational Church

2. Public Comment

None

3. Approve Meeting Minutes

a. January 19, 2022 – Regular Meeting

**A motion was made by A. Phelps and seconded by J. Boucher to accept the January 19, 2022 Regular Meeting minutes as amended.
All in favor. Motion carries.**

Page 1, **Roll Call**; *J. Boucher arrived to the January 18th meeting at 4:42 pm*

Page 4, **12. PYSAB: Programming Ideas, b. Non-sport activities**; *K. Peek suggested computer programming*

4. Correspondence

1. Received grant check for \$4,925.00
2. Survey request from the Dillinger Project

5. PYSB Financial Report

No comments

6. Resignations, Vacancies, & Appointments

a. Vacancies – a Preston youth organization representative, & a community member

M. Lennon noted that Lisa Van Alst, Director of Religious Education at Preston City Congregational Church is sitting in on today's meeting to consider joining.

7. PYSAB submission of FY2020-2021 Annual Report to BoF

A. Brosnan completed, BoF has not requested to see it yet.

8. Local Prevention Council Grant (CT Mental Health)

a. Update on grant application

check received

b. Grants

i. \$2875.50 with vaping focus this year

1. Hidden in Plain Sight – for adults to recognize risky teen behaviors (drugs/alcohol/vaping) & how to respond:

<https://www.cappct.org/hips>

Tabled

ii. \$2050 for COVID

1. Girls Circle Facilitator Training for Miranda Fabre

2. Girls Circle & curriculum <https://onecirclefoundation.org/girls-circle-complete-set.html>

Page 3, See motion under Girl's Group

c. Establish Preston Prevention Council – can be done within PYSAB

No discussion

9. PYSAB: Programming Ideas

a. School or Community Garden

M. Lennon noted school administration was invited to this meeting to discuss gardening at the school but none are present

b. Mental Health

i. Awareness

1. NAMI – “Ending the Silence” programming

a. Virtual @ PPMS, a high school program, & parent program

M. Lennon noted that the programs currently are only virtual.

Dr. Ivy Davis-Tomczuk – PPS though it was appropriate for 7th and 8th grade but not for 6th grade

J. Boucher asked Iris Alamo what other programs NAMI would offer

I. Alamo explained that they have a standard curriculum and slides that are used with an adult lead presenter who has dealt with mental health issues, and then a young adult who also has had experienced mental health issues and can talk about their experience.

M. Lennon asked if she and J. Boucher could preview the slides to see if it was appropriate for Preston's 6th graders.

I. Alamo answered that her lead presenter would be happy to do a “run through” before the

presentation.

M. Lennon stated that Preston does not have a high school so she would like to offer the program in the evening to high schoolers and consider extending the audience out to surrounding communities.

b. <https://www.nami.org/Support-Education/Mental-HealthEducation/NAMI-Ending-the-Silence>

c. <https://www.youtube.com/watch?v=c68zZikPhqc&t=6s>

ii. Counseling

No discussion

iii. Girls Group (see Local Prevention Council Grant above)

A motion was made by A. Phelps and seconded by J. Boucher to approve the purchase of Girl's Circle curriculum NTE \$1600.00.

All in favor. Motion carries.

iv. Support Groups

No discussion

c. Banking Classes

i. Chelsea Groton Savings Bank

1. Elementary/Middle School – Money Sense

2. Middle School/High School – (1) Checking vs. Savings & (2) Credit

Miria Gray stated that her full time job for the bank is to teach financial education.

The classes for middle school deal with needs vs. wants, prioritizing needs vs. wants, impulse buying, explaining opportunity cost.

High school classes cover what you use a checking account for, which account to use to pay bills, credit in preparation for going off to college.

A. Phelps asked if there is a cost involved with this program.

M. Gray answered that there is no cost, it is part of what the bank does as outreach

A motion was made by A. Phelps and seconded by R. Tucker that the YSB move forward with the programs offered by NAMI and Chelsea Groton Bank and work out the details as needed.

All in favor. Motion carries.

d. Internet Safety Class

i. Scott Driscoll – Internet Safety Concepts

1. Parent presentation – 90 minutes in person or virtually - \$1300

2. Student presentation – 60 minutes in person - \$650

A. Bronson stated that Resident State Trooper Sean Bresnan has reached out to State Troopers and is waiting to hear back.

A. Brosnan noted she has used Scott Driscoll before and he does a nice comprehensive presentation for parents.

A motion was made by R. Tucker and seconded by J. Boucher to have Scott Driscoll present Internet Safety Concepts to both parents and students NTE \$2,000.00.

All in favor. Motion carries.

e. Non-sport activities

i. Board Games Club – possibly a 4-week session

No discussion

ii. Loom Knitting – Jennifer Ihloff (Cow Bell)

No discussion

iii. Book Club

No discussion

iv. Gaming Night – Fortnite, RoBlox, etc.

No discussion

v. Simple Computer Programming for kids

No discussion

f. Summer Programming – sponsor camps or activities?

No discussion

g. Mentors

No discussion

h. Safe Driving Class for Teens

No discussion

i. Youth Group for middle school/high school (meet monthly)

No discussion

j. Birth to five age group

No discussion

i. Mommy & Me playgroup

No discussion

k. “Free Range” playgroups

No discussion

l. Birthday Party gifts for families in need

No discussion

m. Grant for Preston youth in need of financial support to participate in activities of interest

No discussion

n. Panther Loft - offer free consignment quality clothing to Preston families in need

No discussion

o. Look at transportation issues for youth to attend activities of interest

No discussion

p. other

No discussion

10. PYSAB: Programming for 2021-2022

a. Ongoing:

i. Hire A Teen

No discussion

ii. Intergenerational Pen Pals

No discussion

b. Fall:

i. Purchase of Story Walk Boards at Preston Community Park

No discussion

ii. Purchase of Mental Health books for Preston Public Library

No discussion

iii. Babysitting Course (November 13th)

No discussion

c. Winter:

i. Presents for Preston – 20 kids were sponsored

No discussion

ii. Stuff a Cruiser – collected toys, socks, slippers, & blankets

No discussion

iii. Art from the Heart – 25 kids made reindeer for distribution to seniors

No discussion

iv. d. Spring:

i. Babysitting Course – Sunday, April 10th

\$80.00 per person

A motion was made by R. Tucker and seconded by A. Phelps to subsidize the babysitting Course for April 10th at \$40.00 for each participant, NTE \$480.00.

All in favor. Motion carries.

ii. Art from the Heart

No discussion

iii. other

No discussion

e. Summer:

No discussion

11. Public Comment

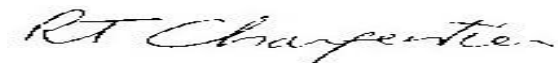
None

12. Adjournment

A motion was made by A. Phelps and seconded by R. Tucker to adjourn the meeting at 5:21 pm.

All in favor. Motion carries.

Respectfully submitted,



Roberta Charpentier
Preston Recording Secretary