

**Preston Youth Services Bureau Advisory Board  
Regular Meeting  
Wednesday, January 19, 2022  
4:30 pm.  
Teleconference**

**1. Call to Order & Roll Call**

Amy Brosnan called the meeting to order at 4:34 pm.

**Regular Members**

Melissa Lennon – Chairwoman  
Amanda Phelps – Vice Chair  
Rachel Tucker – Secretary  
Zachary Robinson – Youth Rep. - arrived 5:55 pm  
Resident State Trooper Sean Bresnan -Police Rep  
Jessica Boucher – School Rep. - left at 6:13 pm  
Youth Organization Rep. - open  
Kasey Peek – Community Member  
Vacant – Community Member

**Liaisons**

Sandra Allyn-Gauthier – BoS - absent  
Dr. Roy Seitsinger – PPS - absent  
Dr. Ivy Davis-Tomczuk – PPS - absent  
Ray Bernier – PPS - absent

**Also Present**

Amy Brosnan, Parks & Recreation Director  
Miranda Fabre – Assistant to Park & Recreation Director  
Roberta Charpentier, recording secretary

**2. Public Comment**

None

**3. Annual Election of Officers**

**A motion was made by R. Tucker and seconded by K. Peeks to nominate Melissa Lennon as Chairwoman, term being current to November 2022.**

*There were no other nominations for Chairwoman*

**A motion was made by R. Tucker and seconded by K. Peeks to elect Melissa Lennon as Chairwoman, term being current to November 2022.**

**M. Lennon abstained All other members in favor. Motion carries.**

**A motion was made by R. Tucker and seconded by K. Peeks to nominate Amanda Phelps as Vice Chairwoman.**

*There were no other nominations for Vice Chairwoman*

**A motion was made by R. Tucker and seconded by K. Peeks to elect Amanda Phelps as Vice Chairwoman.**

**A. Phelps abstained All other members in favor. Motion carries.**

**A motion was made by R. Tucker and seconded by M. Lennon to nominate Kacey Peek as Secretary.**

*There were no other nominations for Secretary*

**A motion was made by R. Tucker and seconded by M. Lennon to elect Kacey Peek as Secretary. K. Peek abstained All other members in favor. Motion carries.**

#### **4. Approve Meeting Minutes**

November 17, 2021 – Regular Meeting

**A motion was made by K. Peeks and seconded by J. Boucher to approve the Regular Meeting Minutes of November 17, 2021 as amended.**

**All in favor. Motion carries**

Page 3, item 10b Winter:

*ii. Stuff a Cruiser*

*Saturday ~~September~~ December 11th*

*iii. Art from the Heart*

*25 Reindeer Kits will be available for pick up in December*

#### **5. Correspondence**

1. Received: BoS request for 2022-2023 Budget by January 28<sup>th</sup> .

2. Received: Notice that BoS appointed Trooper Sean Bresnan as Police Representative.

#### **6. PYSB Financial Report**

YTD Balance: \$22,881.92

#### **7. Resignations, Vacancies, & Appointments**

##### **a. Resignations & Termination of Membership**

**A motion was made by A. Phelps and seconded by R. Tucker to dissolve Kim Litsey's membership due to her relocation out of state.**

**All in favor. Motion carries**

##### **b. Vacancies – a Preston youth organization representative, & two community members**

Chairman Lennon noted that she and Amy reached out to 2 people who may be interested.

##### **c. Recommendation for Alternate Member**

Tabled

**8. 2021 PYSAB submission to Annual Report for BoF – due at end of calendar year.**

Chairwoman Lennon noted that A. Brosnan has completed the Annual Report, and asked that she email it to YSB members. The BoF has not requested it yet.

**9. PYSAB FY2022-2023 Budget request**

**a. Considerations: adding an assistant who can lead activities**

M. Lennon noted that last year's budget did not include part time staff

*The YSB had lengthy discussion regarding the 2022-2023 Budget*

**A motion was made by A. Phelps and seconded by K. Peek to accept the proposed FY23 budget as discussed.**

**All in favor. Motion carries.**

**i. Introduce Miranda Fabre, the new P&R assistant**

Miranda Fabre stated that she has a Bachelors degree in Social Work and is working on her Masters and is looking forward to planning some mental health programs for the YSB.

M. Lennon noted that the YSB has an opportunity to add Miranda as part time staff in addition to her being A. Brosnan's assistant.

M. Lennon explained there is a program called Girls Group which is an 8 week program to build self reliance and self esteem. The program fits in with Miranda's background and interest.

**10. Local Prevention Council Grant (CT Mental Health)**

**a. Update on grant application**

A. Brosnan noted that the final request is currently being worked on.

**b. Grants**

**i. \$2875.50 with vaping focus this year**

Working on this request

**ii. \$2050 for COVID**

Funds can be used for training for Girl's Circle

**1. Pay to train someone who can teach mental health first aid**

**2. Boys Council and/or Girls Circle**

**A motion was made by K. Peek and seconded by J. Boucher to send Miranda to Facilitator Training for Girl's Group for NTE \$450.00**

**All in favor. Motion carries.**

M. Lennon stated that she will send the link for the curriculum to members and the funds for the whole curriculum can be voted on in February.

**c. Requirements to establish Preston Prevention Council**

A. Brosnan stated that many Youth Services Boards have their Prevention Council as part of the Youth Services Meeting and she is working with the Local Prevention Council to get it up and going.

## **11. PYSAB: Programming Goals & Updates for 2021-2022**

### **a. Ongoing:**

#### **i. Hire A Teen**

1 additional new match for snow shoveling.

#### **ii. Intergenerational Pen Pals**

no updates

### **b. Fall:**

#### **i. Purchase of Story Walk Boards at Preston Community Park**

#### **ii. Purchase of Mental Health books for Preston Public Library**

#### **iii. Babysitting Course (November 13th)**

### **c. Winter:**

#### **i. Presents for Preston**

20 kids in Town were sponsored

#### **ii. Stuff a Cruiser**

3.5 cruisers were filled

#### **iii. Art from the Heart**

25 kids signed up and made reindeer for seniors

M. Lennon suggested having another program for Spring.

#### **iv. other**

M. Lennon suggested having a program on internet safety

A. Phelps stated she is in favor of it, but it may be prudent to have it on-line so we can be sure to be able to do it.

Trooper Bresnan stated that he spoke with R. Bernier about this and he was “on board” and he can also speak to the guys in Cyber Crime Unit to see if they will give a presentation.

M. Lennon asked A. Brosnan and Trooper Bresnan to work together on this.

### **d. Spring:**

#### **i. Babysitting Course – consider offering on a Sunday**

March class will be offered

#### **ii. other**

### **e. Summer:**

## **12. PYSAB: Programming Ideas**

### **a. Community Garden**

M. Lennon stated that there is interest from the schools to develop a community garden so she asked the liaisons to attend the February YSB meeting.

### **b. Non-sport activities**

A. Phelps suggested needle-crafts and knitting

K. Peek suggested board games and knows someone who is willing to run it on a weekly or bi-weekly basis.

R. Tucker noted that she agrees with M. Lennon that Preston needs a Community Center and it doesn't

have to be anything fancy. Lisbon's Community Center is a converted barn.

R. Tucker suggested a book club, gaming night, and robotics/computer building and mommy and me playgroups

**c. Mental health focus**

M. Lennon noted that the YSB will talk more with Miranda now that she is “on board”.

*The YSB tabled the rest of the items under #12*

**i. Counseling**

**ii. Girls Group**

**1. <https://onecirclefoundation.org/girls-circle-complete-set.html>**

**iii. Support Groups**

**d. Mentors**

**e. Parent Support**

**i. Hidden in Plain Sight – for adults to recognize risky teen behaviors (drugs/alcohol) & how to respond: <https://www.cappct.org/hips>**

**f. Youth Group for middle school/high school (meet monthly)**

**g. Birth to five age group**

**h. “Free Range” playgroups**

**i. Birthday Party gifts for families in need**

**j. Grant for Preston youth in need of financial support to participate in activities of interest**

**k. Panther Loft - offer free consignment quality clothing to Preston families in need**

**l. Look at transportation issues for youth to attend activities of interest**

**m. other**

*Any agenda topics not discussed were tabled*

**13. Public Comment**

No Public Comment

Melissa Lennon wanted to recognize the passing of Tom Turner, Preston resident who was Chairman of Parks & Recreation and was on the Board of Education. He was very visible at the schools with children and grandchildren in attendance. Tom was instrumental in helping with soccer and the purchase and construction of the playground. I'd like to take a moment to recognize his dedication to the town of Preston, to youth and their families. I thank him very much for what he's done, it's meant a lot. Love and hugs to his family, his wife Tracy, his kids and grand kids. This is a huge loss to their family as well as to the Town of Preston.

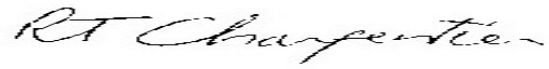
**14. Adjournment**

**A motion was made by A. Phelps and seconded by K. Peek to adjourn the meeting at 6:27 pm.**

**All in favor. Motion carries.**

Respectfully submitted,

YSB  
January 19, 2022  
Regular Meeting

A handwritten signature in cursive script that reads "RT Charpentier".

Roberta Charpentier  
Preston Recording Secretary