

Preston Youth Services Advisory Board
Regular Meeting
Wednesday, April 27, 2022
4:30 p.m.
Teleconference

Please join my meeting from your computer, tablet or smartphone.

<https://meet.goto.com/692630037>

You can also dial in using your phone.

United States: [+1 \(786\) 535-3211](tel:+17865353211)

Access Code: 692-630-037

1. Call to Order & Roll Call

Melissa Lennon - Chair
Amanda Phelps – Vice Chair
Kasey Peek- Secretary
Zachary Robinson – Youth Rep.
Resident State Trooper Sean Bresnan – Police Rep.
Jessica Boucher – School Rep.
Vacant – Youth Org. Rep.
Rachel Tucker – Community Member
Vacant – Community Member

Sandra Allyn-Gauthier – BoS liaison
Dr. Roy Seitsinger – PPS liaison
Dr. Ivy Davis-Tomczuk – PPS liaison
Ray Bernier – PPS liaison

Amy Brosnan – Youth Services Director

2. Public Comment

3. Approve Meeting Minutes

- a. March 16, 2022 – Regular Meeting

4. Correspondence

5. PYSB Financial Report

6. Resignations, Vacancies, & Appointments

- a. Vacancies – a Preston youth organization representative, & a community member

7. Local Prevention Council Grant (CT Mental Health)

- a. Grants
 - i. \$2875.50 with vaping focus this year

1. Hidden in Plain Sight – for adults to recognize risky teen behaviors (drugs/alcohol/vaping) & how to respond:
<https://www.cappct.org/hips>
 - a. virtual bedroom (60-75 minutes) @ \$600/500
 - b. in-person bedroom (90-120 mins.) @ \$800/700
- ii. other ideas
- b. Establish Preston Prevention Council – can be done within PYSAB
8. Preston Public Schools - Preston Youth Services Award - \$50 each, given to 2 eighth grade students who demonstrate a positive attitude, exemplify community involvement, and generosity towards others within the school and greater community.
9. PYSAB: Programming Ideas
 - a. Enrichment/Education
 - i. Banking classes – Chelsea Groton Savings
 - ii. Garden – school or community
 - iii. Library Passes for Families to various museums, etc.
 - iv. Mentors for Teens
 - v. Safe Driving Class for Teens
 - vi. Summer Programming – sponsor camps or activities
 - b. Mental Health
 - i. Awareness – NAMI Presentations
 - ii. Counseling
 - iii. Girls Group – Starts April 24th; need to allocate funds for facilitator and culminating activity
 - iv. Support Groups - NAMI
 - c. Non-sport activities
 - i. Board Game Club
 - ii. Book Club
 - iii. Gaming Night – Fortnite, RoBlox, etc.
 - iv. Loom Knitting – Jennifer Ihloff (Cow Bell)

- v. Mommy & Me playgroup (birth to five)
- vi. Simple Computer Programming for kids
- vii. Youth Group for middle school/high school (meet monthly)

d. other

10. PYSAB: Programming for 2021-2022

a. Ongoing:

- i. Hire A Teen
- ii. Intergenerational Pen Pals

b. Fall:

- i. Purchase of Story Walk Boards at Preston Community Park
- ii. Purchase of Mental Health books for Preston Public Library
- iii. Babysitting Course (November 13th)

c. Winter:

- i. Presents for Preston – 20 kids were sponsored
- ii. Stuff a Cruiser – collected toys, socks, slippers, & blankets
- iii. Art from the Heart – 25 kids made reindeer for distribution to seniors
- iv. Board Games Club – 6 weeks, grades 6-12, starting Feb. 22 from 6-8 p.m.

d. Spring:

- i. Babysitting Course – Sunday, April 10th
- ii. Art from the Heart
- iii. Chelsea Groton Banking Classes – middle school “money sense” (April 5th) & high school “checking vs. savings” (April 12th)
- iv. NAMI “Ending the Silence” – 3 virtual presentations: high school (April 7th), PPMS (April 11th), parents (April 14th)
- v. Internet Safety Concepts classes with Scott Driscoll – in person for students and virtually for parents
- vi. Girls Circle: “Body Image” – M/W for 5 weeks starting April 24th

e. Summer:

- i. Sponsor Art Camp & Slime Camp for grades 1-6 the week before and after tradition Parks & Rec Summer Camp with subsidy of \$150 per Preston child up to 25 per camp

11. Public Comment

12. Adjournment

Next meeting will be Wednesday, May 18, 2022 at 4:30 p.m.