

Preston Youth Services Advisory Board
Regular Meeting
Wednesday, March 16, 2022
4:30 p.m.
Teleconference

Please join my meeting from your computer, tablet or smartphone.

<https://meet.goto.com/470586893>

You can also dial in using your phone.

United States: [+1 \(646\) 749-3122](tel:+16467493122)

Access Code: 470-586-893

1. Call to Order & Roll Call

Melissa Lennon - Chair
Amanda Phelps – Vice Chair
Kasey Peek- Secretary
Zachary Robinson – Youth Rep.
Resident State Trooper Sean Bresnan – Police Rep.
Jessica Boucher – School Rep.
Vacant – Youth Org. Rep.
Rachel Tucker – Community Member
Vacant – Community Member

Sandra Allyn-Gauthier – BoS liaison
Dr. Roy Seitsinger – PPS liaison
Dr. Ivy Davis-Tomczuk – PPS liaison
Ray Bernier – PPS liaison

Amy Brosnan – Youth Services Director

2. Public Comment

3. Approve Meeting Minutes

a. February 16, 2022 – Regular Meeting

4. Correspondence

5. PYSB Financial Report

6. Resignations, Vacancies, & Appointments

a. Vacancies – a Preston youth organization representative, & a community member

7. Local Prevention Council Grant (CT Mental Health)

a. Grants

i. \$2875.50 with vaping focus this year

1. Hidden in Plain Sight – for adults to recognize risky teen behaviors (drugs/alcohol/vaping) & how to respond:

<https://www.cappct.org/hips>

- a. virtual bedroom (60-75 minutes) @ \$600/500
 - b. in-person bedroom (90-120 mins.) @ \$800/700
 - c. Backpack version (45/75/90 mins.)
 - ii. \$2050 for COVID (SPENT)
 - 1. Girls Circle Facilitator Training (NTE \$450 on 1/19/22)
 - 2. Girls Circle & curriculum (NTE \$1600 for 11 sets on 2/16/22)
 - b. Establish Preston Prevention Council – can be done within PYSAB
8. PYSAB: Programming Ideas
 - a. School or Community Garden
 - b. Mental Health
 - i. Awareness
 - 1. NAMI – “Ending the Silence” programming
 - a. Virtual @ PPMS for Gr. 7-8 on April 11th, a high school program, & parent program
 - ii. Counseling
 - iii. Girls Group (see Local Prevention Council Grant above)
 - iv. Support Groups
 - c. Banking Classes
 - i. Chelsea Groton Savings Bank
 - 1. Middle School – Money Sense (April 5th after school)
 - 2. High School – (1) Checking vs. Savings (April 12th @ 6 p.m.)
 - d. Internet Safety Class
 - i. Scott Driscoll – Internet Safety Concepts
 - 1. Parent presentation – 90 minutes in person or virtually - \$1300
 - 2. Student presentation – 60 minutes in person - \$650
 - e. Non-sport activities
 - i. Loom Knitting – Jennifer Ihloff (Cow Bell)
 - ii. Book Club
 - iii. Gaming Night – Fortnite, RoBlox, etc.

- iv. Simple Computer Programming for kids
 - f. Summer Programming – sponsor camps or activities?
 - g. Mentors
 - h. Safe Driving Class for Teens
 - i. Youth Group for middle school/high school (meet monthly)
 - j. Birth to five age group
 - i. Mommy & Me playgroup
 - k. “Free Range” playgroups
 - l. Birthday Party gifts for families in need
 - m. Grant for Preston youth in need of financial support to participate in activities of interest
 - n. Panther Loft - offer free consignment quality clothing to Preston families in need
 - o. Look at transportation issues for youth to attend activities of interest
 - p. other
9. PYSAB: Programming for 2021-2022
- a. Ongoing:
 - i. Hire A Teen
 - ii. Intergenerational Pen Pals
 - b. Fall:
 - i. Purchase of Story Walk Boards at Preston Community Park
 - ii. Purchase of Mental Health books for Preston Public Library
 - iii. Babysitting Course (November 13th)
 - c. Winter:
 - i. Presents for Preston – 20 kids were sponsored
 - ii. Stuff a Cruiser – collected toys, socks, slippers, & blankets
 - iii. Art from the Heart – 25 kids made reindeer for distribution to seniors
 - iv. Board Games Club – 6 weeks, grades 6-12, starting Feb. 22 from 6-8 p.m.
 - d. Spring:
 - i. Babysitting Course – Sunday, April 10th

ii. Art from the Heart

iii. other

e. Summer:

10. Public Comment

11. Adjournment

Next meeting will be **Wednesday, April 27th** (due to Winter Break) at 4:30 p.m.