

Preston Youth Services Advisory Board
Regular Meeting
Wednesday, February 16, 2022
4:30 p.m.
Teleconference

Please join my meeting from your computer, tablet or smartphone.

<https://meet.goto.com/870686605>

You can also dial in using your phone.

United States: [+1 \(872\) 240-3311](tel:+18722403311)

Access Code: 870-686-605

1. Call to Order & Roll Call

Melissa Lennon - Chair
Amanda Phelps – Vice Chair
Kasey Peek- Secretary
Zachary Robinson – Youth Rep.
Resident State Trooper Sean Bresnan – Police Rep.
Jessica Boucher – School Rep.
Vacant – Youth Org. Rep.
Rachel Tucker – Community Member
Vacant – Community Member

Sandra Allyn-Gauthier – BoS liaison
Dr. Roy Seitsinger – PPS liaison
Dr. Ivy Davis-Tomczuk – PPS liaison
Ray Bernier – PPS liaison

Amy Brosnan – Youth Services Director

2. Public Comment

3. Approve Meeting Minutes

- a. January 19, 2022 – Regular Meeting

4. Correspondence

5. PYSB Financial Report

6. Resignations, Vacancies, & Appointments

- a. Vacancies – a Preston youth organization representative, & a community member

7. PYSAB submission of FY2020-2021 Annual Report to BoF

8. Local Prevention Council Grant (CT Mental Health)

- a. Update on grant application
- b. Grants

- i. \$2875.50 with vaping focus this year
 - 1. Hidden in Plain Sight – for adults to recognize risky teen behaviors (drugs/alcohol/vaping) & how to respond:
<https://www.cappct.org/hips>
- ii. \$2050 for COVID
 - 1. Girls Circle Facilitator Training for Miranda Fabre
 - 2. Girls Circle & curriculum <https://onecirclefoundation.org/girls-circle-complete-set.html>
- c. Establish Preston Prevention Council – can be done within PYSAB

9. PYSAB: Programming Ideas

- a. School or Community Garden
- b. Mental Health
 - i. Awareness
 - 1. NAMI – “Ending the Silence” programming
 - a. Virtual @ PPMS, a high school program, & parent program
 - b. <https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-Ending-the-Silence>
 - c. <https://www.youtube.com/watch?v=c68zZikPhqc&t=6s>
 - ii. Counseling
 - iii. Girls Group (see Local Prevention Council Grant above)
 - iv. Support Groups
- c. Banking Classes
 - i. Chelsea Groton Savings Bank
 - 1. Elementary/Middle School – Money Sense
 - 2. Middle School/High School – (1) Checking vs. Savings & (2) Credit
- d. Internet Safety Class
 - i. Scott Driscoll – Internet Safety Concepts
 - 1. Parent presentation – 90 minutes in person or virtually - \$1300
 - 2. Student presentation – 60 minutes in person - \$650
- e. Non-sport activities
 - i. Board Games Club – possibly a 4-week session

- ii. Loom Knitting – Jennifer Ihloff (Cow Bell)
- iii. Book Club
- iv. Gaming Night – Fortnite, RoBlox, etc.
- v. Simple Computer Programming for kids
- f. Summer Programming – sponsor camps or activities?
- g. Mentors
- h. Safe Driving Class for Teens
- i. Youth Group for middle school/high school (meet monthly)
- j. Birth to five age group
 - i. Mommy & Me playgroup
- k. “Free Range” playgroups
- l. Birthday Party gifts for families in need
- m. Grant for Preston youth in need of financial support to participate in activities of interest
- n. Panther Loft - offer free consignment quality clothing to Preston families in need
- o. Look at transportation issues for youth to attend activities of interest
- p. other

10. PYSAB: Programming for 2021-2022

- a. Ongoing:
 - i. Hire A Teen
 - ii. Intergenerational Pen Pals
- b. Fall:
 - i. Purchase of Story Walk Boards at Preston Community Park
 - ii. Purchase of Mental Health books for Preston Public Library
 - iii. Babysitting Course (November 13th)
- c. Winter:
 - i. Presents for Preston – 20 kids were sponsored
 - ii. Stuff a Cruiser – collected toys, socks, slippers, & blankets
 - iii. Art from the Heart – 25 kids made reindeer for distribution to seniors

iv.

d. Spring:

i. Babysitting Course – Sunday, April 10th

ii. Art from the Heart

iii. other

e. Summer:

11. Public Comment

12. Adjournment

Next meeting will be Wednesday, March 16th at 4:30 p.m.