

Preston Youth Services Advisory Board
Regular Meeting
Wednesday, January 19, 2022
4:30 p.m.
Teleconference

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/178487189>

You can also dial in using your phone.

United States: [+1 \(312\) 757-3121](tel:+13127573121)

Access Code: 178-487-189

1. Call to Order & Roll Call

Melissa Lennon - Chair
Amanda Phelps – Vice Chair
Rachel Tucker - Secretary
Zachary Robinson – Youth Rep.
Resident State Trooper Sean Bresnan – Police Rep.
Jessica Boucher – School Rep.
Vacant – Youth Org. Rep.
Kasey Peek – Community Member
Vacant – Community Member

Sandra Allyn-Gauthier – BoS liaison
Dr. Roy Seitsinger – PPS liaison
Dr. Ivy Davis-Tomczuk – PPS liaison
Ray Bernier – PPS liaison

Amy Brosnan – Youth Services Director

2. Public Comment

3. Annual Election of Officers

- a. (should have been at the November meeting based on our bylaws)
- b. Chair, Vice Chair, Secretary

4. Approve Meeting Minutes

- a. November 17, 2021 – Regular Meeting

5. Correspondence

6. PYSB Financial Report

7. Resignations, Vacancies, & Appointments

- a. Resignations & Termination of Membership – motion to dissolve Kim Litsey’s membership due to her relocation of out state

- b. Vacancies – a Preston youth organization representative, & two community members
 - c. Recommendation for Alternate Member – tabled
- 8. PYSAB submission to FY2020-2021 Annual Report for BoF
- 9. PYSAB FY2022-2023 Budget request
 - a. Considerations: adding an assistant who can lead activities
 - i. Introduce Miranda Fabre, the new P&R assistant
- 10. Local Prevention Council Grant (CT Mental Health)
 - a. Update on grant application
 - b. Grants
 - i. \$2875.50 with vaping focus this year
 - ii. \$2050 for COVID
 - 1. Pay to train someone who can teach mental health first aid
 - 2. Boys Council and/or Girls Circle
 - c. Requirements to establish Preston Prevention Council
- 11. PYSAB: Programming Goals & Updates for 2021-2022
 - a. Ongoing:
 - i. Hire A Teen
 - ii. Intergenerational Pen Pals
 - b. Fall:
 - i. Purchase of Story Walk Boards at Preston Community Park
 - ii. Purchase of Mental Health books for Preston Public Library
 - iii. Babysitting Course (November 13th)
 - c. Winter:
 - i. Presents for Preston
 - ii. Stuff a Cruiser
 - iii. Art from the Heart
 - iv. other
 - d. Spring:

- i. Babysitting Course – consider offering on a Sunday
 - ii. other
- e. Summer:

12. PYSAB: Programming Ideas

- a. Community Garden
- b. Non-sport activities
- c. Mental health focus
 - i. Counseling
 - ii. Girls Group
 - 1. <https://onecirclefoundation.org/girls-circle-complete-set.html>
 - iii. Support Groups
- d. Mentors
- e. Parent Support
 - i. Hidden in Plain Sight – for adults to recognize risky teen behaviors (drugs/alcohol) & how to respond: <https://www.cappct.org/hips>
- f. Youth Group for middle school/high school (meet monthly)
- g. Birth to five age group
- h. “Free Range” playgroups
- i. Birthday Party gifts for families in need
- j. Grant for Preston youth in need of financial support to participate in activities of interest
- k. Panther Loft - offer free consignment quality clothing to Preston families in need
- l. Look at transportation issues for youth to attend activities of interest
- m. other

13. Public Comment

14. Adjournment

Next meeting will be Wednesday, February 16th at 4:30 p.m.